

X241/12/01

NATIONAL
QUALIFICATIONS
2015

THURSDAY, 4 JUNE
1.00 PM – 2.20 PM

CARE
HIGHER
Paper 1

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



Section 1 Psychology for Care

- (a) Describe **two** features of the Cognitive Behavioural approach. 4 KU

Read the case study and answer the questions that follow.

Case Study

Amy is a support worker in a residential unit for young people in need of care. She is the keyworker for Kim (aged 13) who has recently been admitted to the unit. Being a keyworker means that Amy will spend time with Kim, getting to know her and working out how best to support her.

Kim was admitted to the unit following a serious breakdown in her relationship with her family who believe that Kim is “out of control”. Kim has been excluded from school because of her violent behaviour. She was also drinking alcohol with her friends, staying out overnight and not letting her parents know where she was staying. Kim believes she is “just like all the other teenagers she knows” and is adamant that she’s doing nothing wrong. Whenever her parents challenge Kim about her behaviour she becomes extremely angry, shouting and screaming at everyone around her and then is often reduced to tears.

Kim has told Amy that she wants to return home to her family, but finds it really hard to control her emotions and behaviour. Her parents are refusing to accept her back home unless she agrees to live by their house rules.

- (b) Describe **two** key features of Carl Roger’s Person Centred theory and explain how Amy could use an understanding of this theory to support Kim. 4 KU
5 App
- (c) How would an understanding of the adolescent stage of Erikson’s Lifespan theory help Amy in her work with Kim? 2 KU
5 App
- (d) Defence mechanisms are a key feature of the Psychodynamic approach. Describe what defence mechanisms are, and explain how Kim’s behaviour might be understood using **one** defence mechanism. 2 KU
3 App

25

[END OF SECTION 1]

Section 2 **Sociology for Care**

- (a) Describe **two** differences between common-sense explanations and sociological knowledge. **4 KU**
- (b) Describe **both** of the following guiding values:
- empowerment;
 - social inclusion. **4 KU**
- (c) Explain why an understanding of sociology is essential in care work. **3 AE**

Read the case study and answer the questions that follow.

Case Study

Andrew is 25 and has a disability which affects his life in many ways. He has difficulties with social interactions and communication. Some people avoid Andrew or call him names because of his disability.

Andrew's family supported him to attend a catering course at college and encouraged him to apply for a job in a local hotel. The Manager of the hotel phoned today to tell him he got the job.

- (d) Use **two** key features of Symbolic Interactionist theory to explain Andrew's experiences. **4 KU**
4 App
- (e) Describe **one** of the following sociological concepts and apply it to the case study:
- Socialisation;
- or**
- Culture;
- or**
- Life chances. **2 KU**
4 App

25

Total (50)

[END OF SECTION 2]

[END OF QUESTION PAPER]

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