NQ verification 2022–23 round 1

Qualification verification summary report

Section 1: verification group information

Verification group name:	**Health and Food Technology**
Verification activity:	**Event**
Date published:	**April 2023**

National Course components and/or National Units verified

Unit code	Unit level	Unit title
H200 73	National 3	Health and Food Technology: Contemporary Food Issues
H200 74	National 4	Health and Food Technology: Contemporary Food Issues
H1YT 73	National 3	Health and Food Technology: Food for Health
H1YT 74	National 4	Health and Food Technology: Food for Health
H1YX 73	National 3	Health and Food Technology: Food Product Development
H1YX 74	National 4	Health and Food Technology: Food Product Development

Section 2: comments on assessment

Assessment approaches

All centres had used assessment materials from the relevant unit assessment support packs from SQA's secure website to assess their candidates.

Assessment judgements

The majority of centres are assessing their candidates in line with national standards. There are, however, a small number of recommendations that relate to the assessment judgements, as outlined below.

Health and Food Technology: Food for Health unit

Assessment standard 1.3 — At National 3 and 4 levels, candidates should describe the effects on health of each nutrient and not simply state the function, for example: 'Calcium is needed to form strong bones, so we don't develop weak bones in later life.'

Assessment standard 1.4 — At National 3 and 4 levels, candidates should describe the effect of diet-related conditions or diseases on health, for example: 'If we have anaemia we may feel tired a lot of the time' — rather than stating how the condition or disease could be prevented.

Section 3: general comments

There was a good standard of candidate evidence submitted.

Centres are reminded that a thorough approach to internal verification is required, which is one that goes beyond cross-marking — for example notes of meetings to discuss approaches to assessment or minutes of meetings where candidates' work was discussed in detail.

Further advice and guidance on internal verification can be found in the SQA Internal Verification Toolkit, available on [SQA's website](#).