



2012 Home Economics

Standard Grade General

Finalised Marking Instructions

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GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 1					
(a) Explanation of how each design feature is useful to the Primary school teacher and the pupils and why it is important to them					
ONE MARK			ONE ADDITIONAL MARK		
Feature	HOW feature is useful	Why feature is important			
Non-stick coating	<ul style="list-style-type: none"> (The primary teacher/pupils are participating in a cookery club/making cup cakes/trying new varieties of cakes/baking) so <u>their cakes will not stick</u> 	<ul style="list-style-type: none"> will get good results/ cakes will turn out well saves time cleaning/ easier to clean pupils will not be disappointed by poor results pupils will enjoy the club/want to come back 			
	<ul style="list-style-type: none"> (The primary teacher/pupils are participating in a cookery club/making cup cakes/trying new varieties of cakes/baking) so <u>this makes cleaning easier</u> 	<ul style="list-style-type: none"> saves time less effort needed may have limited time the pupils could clean it themselves teacher won't have to stay behind more hygienic pupils will enjoy the class/want to come back 			
	<ul style="list-style-type: none"> (The club runs for one hour) so <u>their cakes will not stick</u> 	<ul style="list-style-type: none"> not wasting time cleaning able to make more cupcakes pupils will enjoy the class/want to come back 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 1(a) continued					
ONE MARK		ONE ADDITIONAL MARK			
Feature	HOW feature is useful	Why feature is important			
Non stick coating	<ul style="list-style-type: none"> (The club runs for one hour) so <u>this makes cleaning easier</u> 	<ul style="list-style-type: none"> saves time less effort needed teacher won't have to stay behind may have limited time able to make more batches/cup cakes 			
Heat proof handle	<ul style="list-style-type: none"> (The primary teacher/pupils are participating in a cookery club/making cup cakes/baking) so <u>the handle will be cool/not hot/easier to move/easier to open/easier to close</u> 	<ul style="list-style-type: none"> less likely to get burnt prevents accidents ensures safety don't have to use oven gloves 			
	<ul style="list-style-type: none"> (The club runs for one hour) so <u>the handle will be cool/not hot/easier to move/easier to open/easier to close</u> 	<ul style="list-style-type: none"> saves time less likely to get burnt prevents accidents ensures safety don't have to use oven gloves 			
Built in timer	<ul style="list-style-type: none"> (The primary teacher/pupils are participating in a cookery club/making cup cakes/trying new varieties/baking) so <u>they will know when the cakes are ready/won't have to guess the cooking time/timings will be accurate</u> 	<ul style="list-style-type: none"> the cakes won't be undercooked/overcooked/burnt they will get good results don't need to bring/buy separate timer pupils may not be able to work out time teacher might get distracted/forget 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 1(a) continued					
ONE MARK		ONE ADDITIONAL MARK			
Feature	HOW feature is useful	Why feature is important			
Built in timer (continued)	<ul style="list-style-type: none"> (The primary teacher/pupils are participating in a cookery club/making cup cakes/trying new varieties/baking) so <u>she doesn't need to buy/get/bring a separate timer</u> 	<ul style="list-style-type: none"> Saves teacher money Saves having to bring timer/may forget timer 			
Cakes cook in 10 minutes	<ul style="list-style-type: none"> (The cookery club has five pupils/teacher participating in a cookery club/making cup cakes/baking) so <u>cooks fast</u> (The primary teacher/pupils are participating in a cookery club/making cup cakes/trying new varieties/the club runs for one hour) so <u>cooks fast</u> 	<ul style="list-style-type: none"> no one will be left out/make more than one batch they can all go home with something they have made cakes should not be undercooked/raw enough time for all of them to cook cakes/taste cakes/evaluate cakes may have time to cool/decorate pupils won't have to rush could make different flavours/recipes 			

GENERAL LEVEL			E L E M E N T	C O	M A R K									
<p>Question 1(a) (continued)</p> <table border="1"> <thead> <tr> <th colspan="2">ONE MARK</th> <th>ONE ADDITIONAL MARK</th> </tr> <tr> <th>Feature</th> <th>HOW feature is useful</th> <th>Why feature is important</th> </tr> </thead> <tbody> <tr> <td>6 Cupcake spaces</td> <td> <ul style="list-style-type: none"> (The cookery club has five pupils/five pupils plus teacher and they will be making cup cakes/trying new varieties of cakes/ baking) so <u>there will be enough spaces/cakes for all of them/get one each</u> (The primary teacher/pupils are participating in a cookery club/making cup cakes/ trying new varieties of cup cakes/ baking/the club runs for one hour) so <u>there will be enough spaces/cakes for all of them</u> </td> <td> <ul style="list-style-type: none"> no one will feel left out won't need to buy another cup cake maker no wastage no arguments could make different flavours/recipes </td> </tr> </tbody> </table>			ONE MARK		ONE ADDITIONAL MARK	Feature	HOW feature is useful	Why feature is important	6 Cupcake spaces	<ul style="list-style-type: none"> (The cookery club has five pupils/five pupils plus teacher and they will be making cup cakes/trying new varieties of cakes/ baking) so <u>there will be enough spaces/cakes for all of them/get one each</u> (The primary teacher/pupils are participating in a cookery club/making cup cakes/ trying new varieties of cup cakes/ baking/the club runs for one hour) so <u>there will be enough spaces/cakes for all of them</u> 	<ul style="list-style-type: none"> no one will feel left out won't need to buy another cup cake maker no wastage no arguments could make different flavours/recipes 			
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<p>ONE MARK for each of two different points explaining how the design feature is useful to the primary teacher/her pupils/the club. ONE MARK for each of two reasons why each point is important.</p> <p>TOTAL FOUR MARKS</p> <p>In this question only brackets are used to indicate a link. Answers must include something from the bracket plus the underlined section to achieve one mark from HOW.</p> <p>Candidates should be awarded the mark if the HOW response is given in the WHY box or vice versa, however the answer MUST relate to the primary teacher/her pupils/club.</p>			KU	2	4									

GENERAL LEVEL			E L E M E N T	C O	M A R K	
Question 1 (b) b) (i) Icing set: B TOTAL ONE MARK (ii) Reasons for choice			HI		1	
ONE MARK		ONE ADDITIONAL MARK				
Information	Case Study	Explanation				
Ease of use - Best/3 star/easiest/easy	<ul style="list-style-type: none"> Pupils/club members will be using it The primary school teacher wants the club to decorate a variety of cup cakes 	<ul style="list-style-type: none"> + may be able to use it on their own + they will get good results + they will be able to use it themselves/do independently + they can have a range of decorations 				
	<ul style="list-style-type: none"> The cup cakes are for a coffee morning 	<ul style="list-style-type: none"> + they will get good results + they may be able to sell more cakes 				
	<ul style="list-style-type: none"> The club have never decorated cakes before 	<ul style="list-style-type: none"> + they will get good results + they will be able to use it themselves/they will not find it too difficult + more enjoyable/less frustrating 				
Strong plastic	<ul style="list-style-type: none"> The primary school teacher wants the club to decorate a variety of cup cakes The pupils/ club have never decorated cakes before 	<ul style="list-style-type: none"> + they will withstand wear and tear + they will last a long time + will save money having to replace them/buy new ones 				
Flexible plastic	<ul style="list-style-type: none"> The pupils/club have never decorated cakes before 	<ul style="list-style-type: none"> + easy for pupils to use 				

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 1(b) (ii) (continued)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Equal most/equal largest/8 nozzles	<ul style="list-style-type: none"> The primary school teacher wants the club to decorate a variety of cup cakes 	<ul style="list-style-type: none"> + can all have different decorations/finished products + they will not all be the same + learn new skills 			
	<ul style="list-style-type: none"> The cup cakes are for a coffee morning 	<ul style="list-style-type: none"> + will give more variety + may sell more cup cakes + may get good results + may attract new customers 			
	<ul style="list-style-type: none"> The club have never decorated cakes before 	<ul style="list-style-type: none"> + can choose a nozzle to suit their skill + may get good results + can learn new skills 			
Ease of cleaning – easiest/3 star/best/easy to clean	<ul style="list-style-type: none"> The club will have access to a small sink Club members will be using it The club have never decorated cakes before 	<ul style="list-style-type: none"> + quick to clean/saves time/won't take long to clean + will be clean for next lesson + needs to be washed after use + will be more hygienic + helps inexperienced members to clean properly 			
Concertina design/suitable for beginners	<ul style="list-style-type: none"> The primary school teacher wants the club to decorate a variety of (cup) cakes 	<ul style="list-style-type: none"> + will get good results + may help them be more confident/independent + easy to use 			
	<ul style="list-style-type: none"> The (cup) cakes are for a coffee morning 	<ul style="list-style-type: none"> + will get good results + may help them be more confident/independent + easy to use + may sell more cakes 			
	<ul style="list-style-type: none"> The club/pupils have never decorated (cup)cakes before 	<ul style="list-style-type: none"> + will get good results + may help them be more confident/independent + easy to use 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 1(b) (ii) (continued)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Fill with hot water and detergent and shake well to clean	<ul style="list-style-type: none"> The club have never decorated cakes before The club will have access to a small sink 	<ul style="list-style-type: none"> + quick/easy to clean/ saves time cleaning + will be clean for next lesson + more hygienic + won't have to take it home/out of room to clean + will help inexperienced members to clean properly 			
<p>ONE MARK for each of three points linking the information to the case study. + ONE MARK for each of three explanations relating to the needs of the primary school teacher/ the club TOTAL SIX MARKS</p>			HI	4	6
<p>If the candidate has chosen the wrong icing set (A or C) then the markers should use their professional judgement and award marks as follows:</p> <p>ONE MARK for each of three points linking relevant information to the case study. + ONE MARK for each of three explanations relating to the needs of Primary school teacher/ class</p>					
<p>Question 1 (b) (iii) Icing set: C</p> <p>TOTAL ONE MARK</p>			HI	3	1

GENERAL LEVEL	E L E M E N T	C O	M A R K			
<p>Question 1(c) (i)</p> <table border="1" data-bbox="153 479 1198 1480"> <thead> <tr> <th data-bbox="153 479 683 546">Advantages of using a store charge card account</th> <th data-bbox="683 479 1198 546">Disadvantages of using a store charge card account</th> </tr> </thead> <tbody> <tr> <td data-bbox="153 546 683 1480"> <ul style="list-style-type: none"> • Saves carrying (large sums of) money around/money may be lost or stolen • Goods are owned immediately • Repayments can be made in small/manageable/regular instalments • Can take advantage of rewards/special offers/incentives/sales/preview nights • May be able to use the card in a variety of stores • Able to spend up to credit limit at once • Can be useful in emergencies • May get interest free credit if balance is paid by stated date • Monthly statements to keep track of spending/money owed • May be easier to budget monthly income • Can set up direct debit to pay monthly • Purchase and repayment can be made via the Internet/mail/phone • Buy now pay later </td> <td data-bbox="683 546 1198 1480"> <ul style="list-style-type: none"> • May be limited to one store/chain • APR may be high/interest rate may be high • Interest charged if the balance isn't paid in full/at end of month • Credit limit may limit how much can be purchased • May be tempted to overspend • Card cannot be used for cash withdrawals • Goods may be cheaper in an alternative store • Card may be lost/stolen/risk of fraud • Must be over 18 • Get into debt • May not be able to keep track of spending </td> </tr> </tbody> </table>	Advantages of using a store charge card account	Disadvantages of using a store charge card account	<ul style="list-style-type: none"> • Saves carrying (large sums of) money around/money may be lost or stolen • Goods are owned immediately • Repayments can be made in small/manageable/regular instalments • Can take advantage of rewards/special offers/incentives/sales/preview nights • May be able to use the card in a variety of stores • Able to spend up to credit limit at once • Can be useful in emergencies • May get interest free credit if balance is paid by stated date • Monthly statements to keep track of spending/money owed • May be easier to budget monthly income • Can set up direct debit to pay monthly • Purchase and repayment can be made via the Internet/mail/phone • Buy now pay later 	<ul style="list-style-type: none"> • May be limited to one store/chain • APR may be high/interest rate may be high • Interest charged if the balance isn't paid in full/at end of month • Credit limit may limit how much can be purchased • May be tempted to overspend • Card cannot be used for cash withdrawals • Goods may be cheaper in an alternative store • Card may be lost/stolen/risk of fraud • Must be over 18 • Get into debt • May not be able to keep track of spending 		
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<p>ONE MARK for one correct advantage and one correct disadvantage.</p> <p>TOTAL TWO MARKS</p>	<p>KU</p>	<p>1</p>	<p>2</p>			

	E L E M E N T	C O	M A R K
GENERAL LEVEL			
<p>Question 1 (c) (ii) Essential household expenditure</p> <ul style="list-style-type: none"> • Mortgage/rent • Council tax • (house) insurance • Fuel/electricity/gas/coal/oil • Car MOT • Car road tax • Food • Clothing • House repairs/maintenance/shelter • Loan/HP/credit repayments <p>ONE MARK for correct answer.</p> <p>TOTAL ONE MARK</p>	KU	1	1

			E L E M E N T	C O	M A R K
GENERAL LEVEL					
Question 2 (a) (i) Sewing machine: C TOTAL ONE MARK (ii) Reasons for choice			HI	4	1
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Zipper foot attachment	<ul style="list-style-type: none"> The charity shop want to offer an alteration service 	<ul style="list-style-type: none"> + this allows them to change/alter zips + will get good/professional results/prevent mistakes + will save time and effort (when altering zips) + easier than using other machine attachments 			
Ease of use easy/easiest/ best/3 star	<ul style="list-style-type: none"> The charity shop want to offer an alteration service 	<ul style="list-style-type: none"> + will get good/professional results/prevent mistakes + will be able to offer service quicker + will be able to alter garments faster + will learn quicker + improve their technique 			
	<ul style="list-style-type: none"> (Some of) the volunteers have limited sewing skills 	<ul style="list-style-type: none"> + will get good/professional results + will build up confidence/independence + will be able to alter the garments faster + they will not have to ask for assistance 			
	<ul style="list-style-type: none"> The volunteers will take the machine home to practise 	<ul style="list-style-type: none"> + less likely to get stuck + will build up confidence/independence + they can learn quicker + they can improve technique 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 2(a)(ii) (continued)					
ONE MARK		ADDITIONAL			
Information	Case Study	Explanation			
Lightweight	<ul style="list-style-type: none"> The volunteers will take the machine home to practise (charity shop) volunteers will be using it 	<ul style="list-style-type: none"> + some may be elderly + easier to carry + may have to walk home + less likely to damage/drop it + some may be elderly + prevent strains + easier to carry + less likely to damage/drop it + some volunteers may be unable to lift weights 			
Cost £90.00/the cheapest	<ul style="list-style-type: none"> The charity shop would like to buy sewing machine Some of the volunteers have limited sewing skills The volunteers will take the machine home to practise 	<ul style="list-style-type: none"> + saves money/will be able to afford it + may have a limited budget/avoid spending profits + if they break it not too expensive to replace + if they break it/drop it not too expensive to replace 			
Automatic needle threader	<ul style="list-style-type: none"> Charity shop want to offer alteration service Some of the volunteers have limited sewing skills The volunteers will take the machine home to practise 	<ul style="list-style-type: none"> + easier/faster to thread + prevent threading up incorrectly + prevents frustration + will be able to thread up independently + less likely to ruin items + saves time 			

GENERAL LEVEL	E L E M E N T	C O	M A R K			
<p>Question 2 (a)(ii) (continued)</p> <table border="1" data-bbox="151 510 1161 633"> <tr> <td data-bbox="151 510 379 633">Carry handle</td> <td data-bbox="379 510 778 633"> <ul style="list-style-type: none"> The volunteers will take the machine home to practise </td> <td data-bbox="778 510 1161 633"> <ul style="list-style-type: none"> + easier to carry + less likely to drop </td> </tr> </table> <p>ONE MARK for each of two points linking the information to the case study. + ONE MARK for each of two explanations relating to the needs of the charity shop. TOTAL FOUR MARKS</p> <p>If the candidate has chosen the wrong sewing machine (A or B) then the markers should use their professional judgement and award marks as follows: ONE MARK for each of two points linking relevant information to the case study. + ONE MARK for each of two explanations relating to the needs of the charity shop.</p>	Carry handle	<ul style="list-style-type: none"> The volunteers will take the machine home to practise 	<ul style="list-style-type: none"> + easier to carry + less likely to drop 	HI	4	4
Carry handle	<ul style="list-style-type: none"> The volunteers will take the machine home to practise 	<ul style="list-style-type: none"> + easier to carry + less likely to drop 				

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 2 (b) Nutrition table					
Nutrient	One main food source	Function in the body			
Vitamin B	<ul style="list-style-type: none"> • Milk • Bread • (fortified) breakfast cereals • Brown rice • Liver • Green (leafy) vegetables • Yeast • Nuts • Cereals • Flour • Meat • Eggs • Kidney • Fish • Wholegrains • Oatmeal • Marmite • Pulses 	<ul style="list-style-type: none"> • Release of energy from protein/ carbohydrates/fat/ food • Growth/functioning/maintenance of healthy nervous system • Maintains muscle tone • Required for normal growth in children • Promotes growth and appetite • (Maintains) healthy skin and nerves • Needed for the formation of red blood cells • Reduces the risk of neural tube defects/spina bifida in pregnancy 			
Vitamin C	Blackcurrants	<ul style="list-style-type: none"> • helps in the formation of connective tissue • aids the absorption of iron • helps prevent/fights infections/colds • essential in the formation of the walls of blood vessels • helps with the repair of cuts and wounds • an antioxidant/ ACE vitamin/ to prevent cancer/heart disease/destroy free radicals • Prevents scurvy 			
Vitamin A Vitamin E		<ul style="list-style-type: none"> • NB Valid function for A & E accepted 			
<p>ONE MARK one correctly identifying nutrient and food source ONE MARK for each correct function of nutrient</p> <p>TOTAL FOUR MARKS</p>			KU	1	4

GENERAL LEVEL	E L E M E N T	C O	M A R K																						
<p>Question 2 (c) (i) Method of cooking to meet the target of eat less fat</p> <ul style="list-style-type: none"> • Grilling • Steaming • Poaching • Boiling • Stewing • Baking • Microwave cooking • Barbecuing • Pressure cooking • Stir frying <p>ONE MARK for correct method of cooking linked to dietary target of eat less fat.</p> <p>TOTAL ONE MARK</p>	KU	1	1																						
<p>Question 2 (c) (ii) How chosen method of cooking meets the target</p> <table border="1" data-bbox="151 1037 1161 1491"> <thead> <tr> <th>Method of cooking</th> <th>Explanation</th> </tr> </thead> <tbody> <tr> <td>Grilling</td> <td>No fat is added Fat is removed/drips out of food</td> </tr> <tr> <td>Steaming</td> <td>No fat is added</td> </tr> <tr> <td>Poaching</td> <td>No fat added (during the cooking process)</td> </tr> <tr> <td>Boiling</td> <td>No fat is added</td> </tr> <tr> <td>Stewing</td> <td>No fat added (during the cooking process)</td> </tr> <tr> <td>Baking</td> <td>No fat added</td> </tr> <tr> <td>Microwave cooking</td> <td>No fat is added</td> </tr> <tr> <td>Barbecuing</td> <td>No fat is added Fat may drip off (during the cooking process)</td> </tr> <tr> <td>Pressure cooking</td> <td>No fat is added</td> </tr> <tr> <td>Stir frying</td> <td>Only a (very) small amount of fat is used</td> </tr> </tbody> </table> <p>ONE MARK for correct explanation of how chosen method of cooking meets the target to reduce fat.</p> <p>TOTAL ONE MARK</p>				Method of cooking	Explanation	Grilling	No fat is added Fat is removed/drips out of food	Steaming	No fat is added	Poaching	No fat added (during the cooking process)	Boiling	No fat is added	Stewing	No fat added (during the cooking process)	Baking	No fat added	Microwave cooking	No fat is added	Barbecuing	No fat is added Fat may drip off (during the cooking process)	Pressure cooking	No fat is added	Stir frying	Only a (very) small amount of fat is used
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<p>Question 2 (c) (iii) Dietary disease prevented by reducing fat</p> <ul style="list-style-type: none"> • Obesity • (coronary) heart disease <p>ONE MARK for correct dietary disease.</p> <p>TOTAL ONE MARK</p>	KU	1	1																						

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 3 (a)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Spill resistant lid	<ul style="list-style-type: none"> Paula/she is training to run a marathon Paula/she needs to drink water whilst running Paula/she is a member of a road running club 	<ul style="list-style-type: none"> + less likely to splash/dribble water on clothes + water will not spill/leak out of the bottle + she will need all the water to keep her hydrated 			
Reflective taped edges	<ul style="list-style-type: none"> Paula/she is a member of a road running club Paula/she is training to run a marathon Paula/she often trains in the evening . 	<ul style="list-style-type: none"> + will be seen by traffic/safer/prevents accidents in the dark/dusk 			
Lightweight	<ul style="list-style-type: none"> Paula/she is a member of a road running club Paula/she is training to run a marathon Paula/she needs to drink water whilst running 	<ul style="list-style-type: none"> + not get weighed down when running + can be easily carried + less likely to slow her down + won't be too heavy when filled with water + less likely to make her tired when running/training 			
Made from shatterproof material	<ul style="list-style-type: none"> Paula/she is a member of a road running club Paula/she is training to run a marathon Paula/she needs to drink water whilst running . 	<ul style="list-style-type: none"> + if she drops the bottle it won't break/smash/safer + lasts longer + saves money (replacing broken one) 			
Moulded hand grip	<ul style="list-style-type: none"> Paula/she is a member of a road running club Paula/she is training to run a marathon Paula/she needs to drink water whilst running 	<ul style="list-style-type: none"> + it will be comfortable to hold + less likely to slip out of her hand + won't need to store bottle in a pocket + easy to carry 			

GENERAL LEVEL			E L E M E N T	C O	M A R K									
<table border="1"> <thead> <tr> <th>ONE MARK</th> <th colspan="2">ONE ADDITIONAL MARK</th> </tr> <tr> <th>Information</th> <th>Case Study</th> <th>Explanation</th> </tr> </thead> <tbody> <tr> <td>Optional shoulder strap</td> <td> <ul style="list-style-type: none"> Paula/she is a member of a road running club Paula/she is training to run a marathon Paula/she needs to drink water whilst running </td> <td> <ul style="list-style-type: none"> + strap will give her hand a rest from carrying it (when running) + strap can be removed if it gets in the way + less likely to lose water bottle + easier than the bottle/if tired of holding it </td> </tr> </tbody> </table>			ONE MARK	ONE ADDITIONAL MARK		Information	Case Study	Explanation	Optional shoulder strap	<ul style="list-style-type: none"> Paula/she is a member of a road running club Paula/she is training to run a marathon Paula/she needs to drink water whilst running 	<ul style="list-style-type: none"> + strap will give her hand a rest from carrying it (when running) + strap can be removed if it gets in the way + less likely to lose water bottle + easier than the bottle/if tired of holding it 			
ONE MARK	ONE ADDITIONAL MARK													
Information	Case Study	Explanation												
Optional shoulder strap	<ul style="list-style-type: none"> Paula/she is a member of a road running club Paula/she is training to run a marathon Paula/she needs to drink water whilst running 	<ul style="list-style-type: none"> + strap will give her hand a rest from carrying it (when running) + strap can be removed if it gets in the way + less likely to lose water bottle + easier than the bottle/if tired of holding it 												
<p>ONE MARK for each of three points linking the information to the case study. + ONE MARK for each of three explanations relating to the needs of Paula.</p> <p>TOTAL SIX MARKS</p>			HI	4	6									
<p>Question 3 (b) Importance of water in the diet</p> <ul style="list-style-type: none"> Prevents dehydration Required for all body fluids (mucous, saliva, blood, digestive juices, sweat, urine) Regulates body temperature (through perspiration) Required to help digestion Removal of waste products/toxins Improves concentration/brain function Reduces risk of constipation/bowel disorders Lubricates muscles and joints Keeps mucous membranes moist Transports nutrients around the body Makes faeces soft Improved absorption of water soluble vitamins/B vitamins/vitamin C Can help prevent constipation Required as part of metabolic reactions Keeps skin hydrated/healthy <p>ONE MARK for each of two correct answers.</p> <p>TOTAL TWO MARKS</p>			KU	1	2									

	E L E M E N T	C O	M A R K
GENERAL LEVEL			
<p>Question 3 (c) Benefits of exercise</p> <ul style="list-style-type: none"> • Helps to maintain strength • Help to maintain vitality/makes you feel good • Help to ensure good sleep • Can help to reduce weight/prevent obesity/improves body shape/burns calories/burns fat • Help to improve stamina/helps keep you fit • Can improve/stimulate/regulate appetite • Helps to develop/tone/build muscles • Makes the heart/lungs work more efficiently • Will assist with healthy skin • Can help reduce stress levels • Help maintain healthy blood pressure/prevent/reduce high blood pressure/hypertension • May extend longevity of life • Reduced risk of osteoporosis/osteoarthritis • Helps improve circulation • May have social benefits • Helps prevent constipation/bowel disorders • Reduces fatigue/tiredness • Improves flexibility • Boosts immune system • Reduces risk of coronary Heart Disease • Reduces risk of diabetes <p>ONE MARK for each of two correct benefits.</p>			
TOTAL TWO MARKS	KU	1	2

		E L E M E N T	C O	M A R K
GENERAL LEVEL				
Question 3 (d) Identification and explanation of fabric properties				
Fabric property	Explanation			
1. Washable	<ul style="list-style-type: none"> • clothing will need to be washed regularly due to sweating/remove sweat • saves time/money taking to specialist cleaners • less likely to damage clothing (if easy care) 			
2. Quick drying	<ul style="list-style-type: none"> • ready for next use • more comfortable if running in rain • could be laundered overnight 			
3. Lightweight	<ul style="list-style-type: none"> • helps body cool more efficiently • causes less discomfort/irritation • won't add extra weight when running 			
4. Breathable	<ul style="list-style-type: none"> • wicks/removes sweat away from body /sweat evaporates through fabric so more comfortable/ prevents overheating • can aid warmth during strenuous activity/prevents getting cold • prevents clothing sticking to skin 			
5. Elasticity/stretchy	<ul style="list-style-type: none"> • comfortable to run in • ease of movement during running • good fit • prevents drag/more aerodynamic 			
6. Absorbent	<ul style="list-style-type: none"> • wicks sweat away from body to ensure comfort • control body temperature for comfort • need to absorb sweat produced by running for comfort • help cool down safely after running • will not rub/chaff/irritate skin after running when sweaty 			
7. Durable	<ul style="list-style-type: none"> • will get a lot of wear and tear when running/ withstand frequent washing • to put up with friction/use from running • will last longer saving money 			
8. Colourfast	<ul style="list-style-type: none"> • clothing will require regular washing • for clothing to look good • can be washed with other clothing 			
9. Cool/warmth/ insulation	<ul style="list-style-type: none"> • prevents getting cold/hot/more comfortable 			
10. Soft feel	<ul style="list-style-type: none"> • to prevent irritation/rubbing/chaffing during exercise 			
11. Strength	<ul style="list-style-type: none"> • avoids ripping/tearing 			
12. Stain Resistant	<ul style="list-style-type: none"> • to prevent permanent marks 			
ONE MARK for each of two correct fabric properties identified ONE MARK for each of two explanations				
TOTAL FOUR MARKS		KU	2	4

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 4 (a) (i) Soup C ONE MARK for the correct choice (ii) Reasons for choice			HI	4	1
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Recyclable packaging	<ul style="list-style-type: none"> Bartek/he likes to be environmentally friendly (where possible) 	<ul style="list-style-type: none"> + his packaging won't go into landfill + he is not harming the environment + he can place his soup dish into the recycle bin 			
Cooking time 3 minutes/fastest/shortest cooking time/quickest	<ul style="list-style-type: none"> Bartek/he works long hours Bartek/he has a short time to eat his lunch/likes to go out for a walk at lunch time 	<ul style="list-style-type: none"> + he will not have to wait too long for his soup if hungry + he can eat without rushing + he has a longer amount of free time during lunch 			
Serves one	<ul style="list-style-type: none"> It is for Bartek's lunch 	<ul style="list-style-type: none"> + there won't be any waste + he won't need to store/throw out any leftovers + he won't overeat 			
Microwave in (original) packaging	<ul style="list-style-type: none"> Bartek/he works long hours 	<ul style="list-style-type: none"> + saves time + saves looking for other dishes/washing dishes + more convenient 			
	<ul style="list-style-type: none"> Bartek/he likes to be environmentally friendly (where possible) 	<ul style="list-style-type: none"> + saves washing up + (3 minutes in the microwave) will be energy efficient 			
	<ul style="list-style-type: none"> Bartek/he has access to a microwave 	<ul style="list-style-type: none"> + convenient/easy to use + saves bringing a pan/dish from home + saves time + he can enjoy his soup hot 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 4 (a) (ii) (continued)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Microwave in (original) packaging (continued)	<ul style="list-style-type: none"> Bartek/he has a short time to eat lunch 	<ul style="list-style-type: none"> + will cook quickly in the microwave/saves time + more convenient + he will not have to wait too long for his soup if hungry + he can eat without rushing + no washing up + he has a longer amount of free time during lunch 			
Contains organically grown vegetables	<ul style="list-style-type: none"> Bartek/he likes to be environmentally friendly 	<ul style="list-style-type: none"> + he can be confident that no pesticides were used on the vegetables 			
Suitable to eat (directly) from container	<ul style="list-style-type: none"> Bartek/he is a shop assistant Bartek/he works long hours He has a short time to eat lunch 	<ul style="list-style-type: none"> + more convenient + will save him time washing up + saves him having to take a serving dish to work 			
	<ul style="list-style-type: none"> Bartek/he likes to go for a walk during his lunch break 	<ul style="list-style-type: none"> + he can eat it on the go + saves time + he has a longer amount of free time 			
	<ul style="list-style-type: none"> Bartek/he likes to be environmentally friendly 	<ul style="list-style-type: none"> + saves washing up 			
<p>ONE MARK for each of three points linking the information to the case study. + ONE MARK for each of three explanations relating to the needs of Bartek.</p> <p>TOTAL SIX MARKS</p> <p>If the candidate has chosen the wrong container (A or B) then the markers should use their professional judgement and award marks as follows:</p> <p>ONE MARK for each of three points linking relevant information to the case study. + ONE MARK for each of three explanations relating to the needs of Bartek.</p> <p>Question 4 (a) (iii) Soup A</p> <p>TOTAL ONE MARK</p>			HI		6
			HI		1

		E L E M E N T	C O	M A R K
GENERAL LEVEL				
Question 4 (b) Reasons and explanations for choosing to become vegetarian				
Reason	Explanation			
<ul style="list-style-type: none"> Moral reasons (Animal lover) 	<ul style="list-style-type: none"> Some people believe it is wrong to kill animals for food 			
<ul style="list-style-type: none"> Ethical reasons/animal welfare/animal rights 	<ul style="list-style-type: none"> Some people do not agree with the way animals are reared/killed Concerns regarding animal cruelty (eg battery hens, factory farming) 			
<ul style="list-style-type: none"> Health reasons/diet 	<ul style="list-style-type: none"> May want a lower fat/lower saturated fat/higher fibre diet May wish to avoid health scares from meat (eg BSE) May have problems digesting meat 			
<ul style="list-style-type: none"> Religion 	<ul style="list-style-type: none"> Certain religious beliefs prevent them from eating meat 			
<ul style="list-style-type: none"> Dislikes 	<ul style="list-style-type: none"> May avoid meat as they don't like taste/texture/feel/appearance 			
<ul style="list-style-type: none"> Environmental reasons 	<ul style="list-style-type: none"> May feel large scale animal farming isn't sustainable Belief that rearing animals for food is expensive/wasteful of resources Belief that meat production is expensive compared to cereal crops/crops 			
<ul style="list-style-type: none"> Human rights 	<ul style="list-style-type: none"> Belief that grain used to feed animals could feed humans 			
<ul style="list-style-type: none"> Food safety 	<ul style="list-style-type: none"> Concerns regarding (pathogenic) bacteria/E-coli/salmonella found in animals 			
<ul style="list-style-type: none"> Fashion/fad/role models/media pressure/advertising 	<ul style="list-style-type: none"> May wish to copy celebrity lifestyle 			
<ul style="list-style-type: none"> Family/parental influence/peer pressure 	<ul style="list-style-type: none"> May become vegetarian as a result of pressure from friends/parents 			
<ul style="list-style-type: none"> Economy 	<ul style="list-style-type: none"> Some meat can be expensive 			
<p>ONE MARK for each of two reasons for becoming a vegetarian. ONE MARK for each of two explanations.</p>				
TOTAL FOUR MARKS		KU	2	4

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<p>ONE MARK for each correctly identified food safety rules relating to refrigerator and freezer.</p> <p>TOTAL TWO MARKS</p>		KU	1	2																										

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 5 (a) (i) Choice of safety gate - A ONE MARK (ii) Reasons for choice			HI	4	1
ONE MARK		ONE ADDITIONAL MARK			
Information	Case study	Explanation			
Material – lightweight canvas	<ul style="list-style-type: none"> They need to be able to move the safety gate around the house 	<ul style="list-style-type: none"> + will be able to move it quickly/easily/ alone + it will not be too heavy for them/cause strain/injury 			
	<ul style="list-style-type: none"> They have a one year old/ toddler 	<ul style="list-style-type: none"> + safer 			
	<ul style="list-style-type: none"> The grandparents borrow the safety gate 	<ul style="list-style-type: none"> + may not be very mobile/strong + will be able to move it quickly/easily/ alone + it will not be too heavy for them/ cause strain/injury 			
Two way opening	<ul style="list-style-type: none"> They need to be able to move the safety gate around the house The grandparents borrow the safety gate to use on their stairs 	<ul style="list-style-type: none"> + can be opened where there is limited space/in one direction + can be used at top or bottom of stairs 			
Quick release/ suction fittings	<ul style="list-style-type: none"> They do not like DIY 	<ul style="list-style-type: none"> + will be easy to put gate up + no extra tools required + limited skills required to put gate up + can be used straight away 			
	<ul style="list-style-type: none"> They need to be able to move the safety gate around the house The grandparents borrow the safety gate to use on their stairs 	<ul style="list-style-type: none"> + saves money buying more than one + will be quick/easy to do + it will not be difficult for the grandparents/De Silvas 			

			E L E M E N T	C O	M A R K															
GENERAL LEVEL																				
Question 5 (a) (ii) (continued)																				
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<p>ONE MARK for each of three points linking the information to the case study. + ONE MARK for each of three explanations relating to the needs of the De Silva's/grandparents</p> <p>TOTAL SIX MARKS</p> <p>If the candidate has chosen the wrong safety gate (B or C) then the markers should use their professional judgement and award marks as follows:</p> <p>ONE MARK for each of three points linking relevant information to the case study. + ONE MARK for each of three explanations relating to the needs of the De Silva's/grandparents</p> <p>TOTAL SIX MARKS</p>			HI	4	6															
<p>Question 5 (a) (iii)</p> <p>Choice of safety gate for James: B</p> <p>TOTAL ONE MARK</p>			HI	3	1															

		E L E M E N T	C O	M A R K
GENERAL LEVEL				
Question 5 (b)				
Type of accident	How to prevent accident			
Cut/stab	<ul style="list-style-type: none"> • Keep knife drawer closed when not in use • Store knives in block when not in use • Keep sharp knives/equipment out of the reach of children • Keep knives away from the edge of the work surface/unit 			
Poisoning	<ul style="list-style-type: none"> • Do not store chemicals/bleach/weed killer/ rat poison/ alcohol/ in an unlabelled juice bottle • Keep all substances in their original labelled containers • Keep all poisonous substances locked up/high up/out of the reach of children • Never mix household products together eg ammonia & bleach can produce toxic gases • Put child locks on cupboard doors 			
Electrocution/ Electric shock	<ul style="list-style-type: none"> • Do not overload electric sockets • Do not touch electric sockets with wet hands • Do not install sockets near sinks 			
Burn/scald	<ul style="list-style-type: none"> • Make sure oven door is closed properly • Do not leave pans of hot fat on the heat unattended • Pan handles should be turned towards the side of the cooker • Do not leave pan handles sticking out/pan handles should be turned towards the side of the cooker • Do not have the kettle flex trailing down 			
Falls/trips	<ul style="list-style-type: none"> • Always ensure cupboard/oven/ doors are closed properly when not needed 			
<p>ONE MARK for each of three types of accidents identified</p> <p>ONE MARK for each of three points explaining how three different accidents could be prevented</p> <p>TOTAL SIX MARKS</p>		KU	1	6

	E L E M E N T	C O	M A R K
<p>GENERAL LEVEL</p> <p>Question 5 (c)</p> <p>Meaning of two dots on iron:</p> <ul style="list-style-type: none"> • item can be ironed using a warm iron/160°C <p>ONE MARK for correct meaning</p> <p>TOTAL ONE MARK</p>	<p>KU</p>	<p>1</p>	<p>1</p>

**Standard Grade Home Economics
Coverage of course objectives**

Year: 2012

Question		Knowledge and Understanding		Marks	Handling Information		Marks
		CO1	CO2		CO3	CO4	
1	a		4	7	1	1	8
	b(i)						
	b(ii)						
	b(iii)						
	c(i)	2					
	c(ii)	1					
2	a(i)			7		1	5
	a(ii)						
	b	4					
	c(i)	1					
	c(ii)	1					
	c(iii)	1					
3	a	2		8		6	6
	b	2					
	c	2					
	d		4				
4	a(i)			6	1	1	8
	a(ii)						
	a(iii)						
	(b)		4				
	(c)	2					
5	a(i)			7	1	1	8
	a(ii)						
	a(iii)						
	b		6				
	c	1					
		17	18	35	3	32	35

**Standard Grade Home Economics
Coverage of Essential knowledge in Knowledge and Understanding Element**

Year: 2012

Paper: General

Question		Indicate Marks available for each Sub-question							
		a	b	c	d	e	f	g	h
1.	a						4		
	c(i)								2
	c(ii)								1
2.	b	4							
	c(i)		1						
	c(ii)		1						
	c(iii)		1						
3.	b	2							
	c							2	
	d							4	
4.	b			4					
	c				2				
5.	b					6			
	c				1				
Totals		6	3	4	3	6	4	6	3

[END OF MARKING INSTRUCTIONS]