

# X241/12/01

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NATIONAL  
QUALIFICATIONS  
2013

THURSDAY, 6 JUNE  
1.00 PM – 2.20 PM

CARE  
HIGHER  
Paper 1

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



**Section 1 Psychology for Care**

- |     |   |          |                          |
|-----|---|----------|--------------------------|
| (a) | Describe <b>two</b> key features of the Cognitive Behavioural approach.   | <b>4</b> | <b>KU</b>                |
| (b) | Explain why nature and nurture are both important influences on how a person develops.  | <b>4</b> | <b>2KU<br/>2AE</b>       |
| (c) | Explain how a care worker could use Adams, Hayes and Hopson’s model of transition to understand and support an individual moving into a care setting. | <b>7</b> | <b>4 KU<br/>3 AE/App</b> |

**Case Study – Billy**

**Read the case study and answer the question that follows.**

Billy is 32 and was recently involved in a serious car accident. He now uses a wheelchair and receives daily visits from a care worker to assist with his personal care. Billy has had to give up his job as an electrician and is worried about how he will support his wife and children. He is also worried about how others view him and has started to avoid many of his friends and family.

- |     |   |           |                          |
|-----|---|-----------|--------------------------|
| (d) | Explain how Carl Rogers’ Person Centred Theory could help the care worker understand and support Billy. | <b>10</b> | <b>4 KU<br/>6 AE/App</b> |
|     |   | <b>25</b> |                          |

[END OF SECTION 1]

**Section 2** **Sociology for Care**

(a)	Describe <b>two</b> key features of symbolic interactionist theory.	4	KU
(b)	Use <b>either</b> Conflict Theory <b>or</b> Functionalist Theory, to explain homelessness in society.	8	4 KU 4 AE
(c)	In relation to <b>disability</b> , explain how sociology helps us to understand the relationship between private problems and public issues.	4	AE
(d)	Explain why guiding values are important in care work.	9	4 KU 5 AE
		25	

**Total (50)**

[END OF SECTION 2]

[END OF QUESTION PAPER]

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# **X241/12/02**

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NATIONAL  
QUALIFICATIONS 2013

THURSDAY, 6 JUNE  
2.40 PM – 4.00 PM

CARE  
HIGHER  
Paper 2

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



### Section 3 Values and Principles in Care

- |  |   |                  |
|--|---|------------------|
| (a) Describe <b>two</b> potential barriers to effective communication and explain <b>one</b> way in which care workers can overcome these barriers when supporting service users.                          | 4 | 2 KU<br>2 AE/App |
| (b) Explain why care workers should practise according to <b>one</b> of the following codes.   |   |                  |
| <ul style="list-style-type: none"> <li>• The Scottish Social Services Council (SSSC) Code of Practice <b>or</b></li> <li>• The Nursing and Midwifery Council (NMC) Code of Professional Conduct</li> </ul> | 8 | 3 KU<br>5 AE/App |

#### Case Study – Brenda

Read the case study and answer the questions that follow.

Brenda is 25 and attends a day centre for adults with learning difficulties. At present she lives at home with her parents but is keen to move into a small group home with two other service users who also attend the day centre. Brenda's social worker and the day centre support staff are concerned that Brenda does not have the necessary life skills required to cope with this move.

- |   |   |                  |
|---|---|------------------|
| (c) Describe <b>two</b> tools of assessment and explain how <b>one</b> of the tools could be used to assess Brenda's needs. | 6 | 4 KU<br>2 AE/App |
| (d) Describe <b>one</b> of the following models of care planning and evaluate its effectiveness when working with Brenda.   |   |                  |
| <ul style="list-style-type: none"> <li>• Exchange Model <b>or</b></li> <li>• Person Centred Planning</li> </ul>             | 7 | 3 KU<br>4 AE/App |

25

[END OF SECTION 3]

**Section 4 Integration: Psychology for Care and Values and Principles in Care**

Media coverage has highlighted poor standards of care across a number of care settings.

Explain why it is important for care workers to receive training to promote good care practice. In your answer you should refer to:

- the two core care values
- professional accountability and reflective practice
- the role of legislation
- ways in which an understanding of the humanistic approach in psychology can provide insight into the caring role.

**13 KU**  
**25 12 AE/App**

**Total (50)**

*[END OF SECTION 4]*

*[END OF QUESTION PAPER]*

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