



National  
Qualifications  
2025

**X836/77/11**

**Health and Food  
Technology**

MONDAY, 26 MAY

1:00 PM – 3:30 PM

**Total marks — 50**

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.



\* X 8 3 6 7 7 1 1 \*

**Total marks — 50**  
**Attempt ALL questions**

- |  |    |
|--|----|
| 1. (a) Discuss ways in which food manufacturers and supermarkets may help consumers meet current dietary advice. | 10 |
| (b) Evaluate the effects on health of a diet high in fat, sugar and salt for an adult.                           | 10 |
| 2. Analyse ways in which socio-economic factors can influence consumer choice of food.                           | 10 |
| 3. Explain the role of food additives in the food manufacturing process.   | 10 |
| 4. Evaluate the impact of Fair Trade, genetically modified food and seasonality for the consumer.                | 10 |

**[END OF QUESTION PAPER]**