

# **National Unit Specification**

### **General information**

**Unit title:** Food and Beverage Operations (SCQF level 5)

Unit code: J1NP 45

Superclass: NA

Publication date: May 2019

**Source:** Scottish Qualifications Authority

Version: 02

## **Unit purpose**

This unit is designed to give learners an understanding of food and beverage service operations in a variety of hospitality organisations.

This unit will enable learners to develop the knowledge and practical skills needed to serve food and beverages in a casual dining environment. This will cover all aspects of a food and beverage service, from preparing for and delivering a professional food and beverage service, through to clearing and reinstating the service area.

This unit is mandatory in the National Certificate (NC) in Hospitality Operations at SCQF level 5. It can also be undertaken as a standalone unit.

This unit is suitable for learners with no previous experience but who have an interest in pursuing a career in the hospitality industry. Good communication skills are essential.

This unit is also part of a progressive suite of units at SCQF levels 5, 6 and 7 that explore food and beverage operations in the hospitality industry.

#### **Outcomes**

On successful completion of the unit the learner will be able to:

- 1 Prepare an area for food and beverage service.
- 2 Serve customers to operational standards.
- 3 Clear and reinstate the service area.
- 4 Describe and promote menu items.

# **National Unit Specification: General information (cont)**

**Unit title:** Food and Beverage Operations (SCQF level 5)

## **Credit points and level**

2 National Unit credits at SCQF level 5 (12 SCQF credit points at SCQF level 5)

## Recommended entry to the unit

Entry is at the discretion of the centre, however, good communication skills are essential for this unit and should be evident when considering entry to the unit.

### **Core Skills**

Achievement of this Unit gives automatic certification of the following Core Skills component:

Core Skill component Critical Thinking at SCQF level 4

Planning and Organising at SCQF level 4

Working Co-operatively with Others at SCQF level 4

There are also opportunities to develop aspects of Core Skills which are highlighted in the Support Notes of this Unit specification.

## **Context for delivery**

If this unit is delivered as part of a group award, it is recommended that it should be taught and assessed within the subject area of the group award to which it contributes.

This unit should be delivered as part of a food and beverage service, hospitality, or professional cookery award. It must be delivered in a real/realistic working environment that reflects a typical restaurant operation rather than simulated 'classroom' based delivery. The context should be a bistro or casual dining restaurant style of operation, with the learner assuming a team member role.

The Assessment Support Pack (ASP) for this unit provides assessment and marking guidelines that exemplify the national standard for achievement. It is a valid, reliable and practicable assessment. Centres wishing to develop their own assessments should refer to the ASP to ensure a comparable standard. A list of existing ASPs is available to download from SQA's website (http://www.sqa.org.uk/sqa/46233.2769.html).

# **Equality and inclusion**

This unit specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

# **National Unit Specification: Statement of standards**

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Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

### **Outcome 1**

Prepare an area for food and beverage service.

#### Performance criteria

- (a) Clean and prepare the area ready for a food and beverage service
- (b) Clean and prepare the equipment required for a food and beverage service
- (c) Ensure that service equipment is ready for use
- (d) Ensure the service area is prepared and welcoming for customers

#### Outcome 2

Serve customers to operational standards.

#### Performance criteria

- (a) Greet customers and take orders for food and beverages
- (b) Explain menu items and deal with dietary requirements
- (c) Serve customers with food and beverages
- (d) Maintain tables and service area during service
- (e) Present customers with their 'bill' and take payment
- (f) Clear tables and service area

#### **Outcome 3**

Clear and reinstate the service area.

#### Performance criteria

- (a) Clear service items, food, accompaniments, and equipment
- (b) Clean service equipment, furniture and area after service
- (c) Reinstate area ready for future service

### **Outcome 4**

Describe and promote menu items.

#### Performance criteria

- (a) Describe items from a menu
- (b) Identify suitable items from a menu to meet dietary needs
- (c) Promote specific menu items

## National Unit specification: Statement of standards (cont)

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## **Evidence requirements for this unit**

Evidence is required to demonstrate that learners have achieved all outcomes and Performance Criteria (PC). Performance and knowledge (written/oral) evidence is required for this unit.

Performance evidence is required for Outcomes 1, 2 and 3. Both performance and knowledge evidence is required for Outcome 4.

Performance evidence must be generated in a real or realistic working environment such as a training restaurant with 'real' customers rather than a simulated environment. It is important that learners can demonstrate consistency of competence, and therefore, evidence should be generated to show that learners can work effectively as an individual and as part of a team on at least three occasions. Not all PCs need to be completed during a single exercise, but could be covered in stages.

#### For Outcome 1

Learners are required to demonstrate that they can:

- Clean and prepare the area for a food and beverage service
- Clean and prepare the equipment required for a food and beverage service
- Ensure that service equipment is ready for use
- Ensure the service area is prepared and welcoming for customers

### Outcome 2

Learners are required to demonstrate that they can:

- Greet customers and take orders for food and beverages
- Explain menu items (including specials/dish of the day) and deal with dietary requirements
- Serve customers with food and beverages as appropriate
- Maintain tables and service area during service
- Present customers with their 'bill' and take payment as appropriate
- Clear tables and service area

#### Outcome 3

Learners are required to demonstrate that they can:

- Clear service items, food, accompaniments and equipment
- Clean service equipment, furniture and area after service
- Reinstate area ready for future services

#### **Outcome 4**

Learners are required to demonstrate that they can:

- Describe items from a menu
  - To include ingredients and main cooking methods
- Identify suitable items from a menu to meet dietary needs
- Promote a specific menu item eg, a 'dish of the day'



# **National Unit Support Notes**

**Unit title:** Food and Beverage Operations (SCQF level 5)

Unit support notes are offered as guidance and are not mandatory.

While the exact time allocated to this unit is at the discretion of the centre, the notional design length is 80 hours.

#### Guidance on the content and context for this unit

This unit is designed to enable the learner to develop food and beverage service skills and knowledge at a level appropriate to a relatively simple bistro or casual dining environment. The learner will learn to work as part of food and beverage service team under limited direction of a supervisor. This will cover all aspects of a food and beverage service from preparing for a service, to demonstrating excellence in customer care while delivering a professional food and beverage service, through to clearing and preparing the area for a follow on service.

This unit should be delivered as part of a food and beverage service, hospitality, or professional cookery award. It must be delivered in a real/realistic working environment that reflects a typical restaurant operation rather than simulated 'classroom' based delivery. The context should be a bistro or casual dining restaurant style of operation, with the learner assuming a team member role.

Learners must be able to demonstrate an understanding of a variety of menu styles (ie: traditional *table d'hôte* — often presented as set menu, limited choice, or *bistro* style, or individually priced à *la carte* style), styles of service and how to promote menu items to a customer. Learners must also be able to demonstrate an understanding of a variety of dietary requirements and identify appropriate dishes to a customer with a dietary requirement.

Learners must also demonstrate the ability to present a bill, take payment and give change as appropriate.

This unit, whilst mostly practical, also requires the learner to demonstrate knowledge of the main methods of cookery, food ingredients and dietary requirements of customers in order to explain menu items and recommend dishes to meet requirements.

# Guidance on approaches to delivery of this unit

Teacher/lecturers should draw on not only their own knowledge and expertise when delivering this unit, but also the experiences of the learners.

Visits to industry, visiting speakers and guest lecturers will be valuable elements in the delivery of the unit and will help learners to put their learning into context.

This unit requires access to a real or realistic working environment in the form of a 'training restaurant' with associated kitchen and related ancillary service facilities.

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Learners must investigate a variety of service and menu styles which may include variations on the traditional *table d'hôte* and *à la carte* styles along with set menus. These should include current examples from a variety of local and national industry operators.

Learners should be able to work as part of a team, with limited supervision, to cover all aspects of the food and beverage service operation, ie:

- Preparation of the area for the customer
- ♦ Reception (meet and greet)
- Seat and take orders
- Adjust cutlery as appropriate
- ♦ Serve food to required standard
- ♦ Clear and reinstate table and room
- Provide bar and related drinks service including coffee/tea/etc
- Dish wash requirements
- Stillroom requirements

Learners should practice promoting dishes to customers by recommending menu items (eg, 'dish of the day'), or suggesting alternates based on dietary requirements.

Learners need to be able to describe dishes in terms of main ingredients and main cooking methods, and to understand the typical dietary requirements of their customers (refer to current food allergen regulations and guidance — at time of publication this can be found on <a href="http://www.foodstandards.gov.scot/business-and-industry/safety-and-regulation/food-allergies-1">http://www.foodstandards.gov.scot/business-and-industry/safety-and-regulation/food-allergies-1</a>)

The teacher/lecturer could approach all of this by demonstration, enabling practice for the learners, and by running a 'live' restaurant with paying customers. By taking the learner through the entire process of delivering a food and beverage service operation the teacher/lecturer will enable the learner to develop appropriate skills for employment. It is essential that the conventions of service are developed (serve from the left, clear from the right etc.) and that learners develop the skills to professionally clear a table of at least four covers without haphazard piling of plates and repeated dropping of cutlery, crockery or remaining food items. Learners should be able to develop skills to serve food without having to ask 'who is having the fish' type questions but rather to be able to serve the items as ordered.

Whilst this unit does not require the learner to be able to *make* a variety of beverages, it would be expected that during the unit they would learn a range of non-alcoholic beverages typically available in a 'bistro' style establishment (ie, typical barista style coffee and tea services, etc). Learners would be expected to recognise and serve a variety of these beverages in line with current industry trends.

This unit requires mostly practical activity, but research (either in groups or individually) could be used to develop knowledge and understanding of the main ingredients and cookery methods of a variety of menu items, as well as customers' dietary requirements. This research could also be used to develop communication and/or ICT skills through short reports, presentations, information booklets or posters, charts of allergens, etc.

The following table may help the teacher/lecturer put the unit into context in the hierarchy of food and beverage operations units. This table covers more than is required for this unit and should **not** be seen as 'table of contents'.

| Topic            | Level 4                         | Level 5                        | Level 6                        | Level 7                      |
|------------------|---------------------------------|--------------------------------|--------------------------------|------------------------------|
| Food service     | Under direction prepare an      | Under limited direction        | Under minimal direction        | Direct teams in the          |
| area preparation | area including tables as        | prepare an area including      | prepare an area including      | preparation and set up of    |
|                  | appropriate for a simple food   | tables as appropriate for a    | tables as appropriate for a    | areas for food and beverage  |
|                  | service                         | variety of service styles      | complex food service           | service                      |
| Taking orders    | Accurately take order from      | Accurately take order from     | Accurately take orders from    | Accurately take orders from  |
| for food and     | smaller groups and from a       | larger/complex group from a    | large/complex groups from a    | large/complex groups from a  |
| beverage from    | simple menu and process to      | range of menus and process     | complex menu choice,           | complex menu choice,         |
| customers        | kitchen                         | to kitchen                     | recommending dishes and        | recommending dishes and      |
|                  |                                 |                                | options, and processing to     | options, and processing to   |
|                  |                                 |                                | kitchen                        | kitchen                      |
| Food service     | Under direction, carry plate to | Under limited direction carry  | Under minimal direction serve  | Direct and lead teams to     |
| skills           | table and present to guest      | plate to table and present to  | complex dishes,                | serve complex dishes,        |
|                  |                                 | guest without having ask       | accompaniments, sauces,        | accompaniments, sauces,      |
|                  |                                 | (who's having the fish?)       | etc. without having to ask,    | etc. without having to ask,  |
|                  |                                 | Provide additional service as  | and with appropriate           | and with appropriate         |
|                  |                                 | appropriate eg, present        | discretion and communication   | discretion and communication |
|                  |                                 | bread, etc                     | with guests                    | with guests                  |
| Payments         | Simple payment handling and     | Process complex payments       | Process complex payments,      | Lead and develop teams to    |
| handling         | giving change accurately        | and give change accurately     | give change accurately, and    | process complex payments,    |
|                  |                                 |                                | cash up after service          | give change accurately, and  |
|                  |                                 |                                |                                | cash up after service        |
| Food service     | Under direction clear, clean    | Under limited direction clear, | Under minimal direction clear, | Lead and direct teams to     |
| area clearing    | and re-set the service area     | clean and re-set the service   | clean and re-set the service   | clear, clean and re-set the  |
| and re-setting   |                                 | area                           | area to high standard          | service area to high         |
|                  |                                 |                                |                                | standards                    |

| Topic  | Level 4   | Level 5  | Level 6  | Level 7  |
|--|---|--|--|--|
| Customer care  | Acknowledge and greet customers, present menus, converse with customers appropriately | Follow organisations standards, including personal presentation. Greet/welcome customers, seat at appropriate table, present appropriate menus, offer drinks, bread, etc, as appropriate; communicate with customers at appropriate level. Offer house specials as appropriate | Follow organisations standards. Greet/welcome customers, seat at appropriate tables, present appropriate menus, accompaniments, (bread, etc) offer drinks and guide menu choice or explain menu items as required. Upsell items as appropriate | Lead and develop teams to greet/welcome customers, seat at appropriate tables, present appropriate menus, accompaniments, (bread, etc) offer drinks and guide menu choice or explain menu items as required. Upsell items as appropriate |
| Food product<br>knowledge  | Basic understanding of menu items   | Understanding of menu items, ingredients, cooking process, presentation and accompaniments   | Detailed knowledge and understanding of menu items, ingredients, cooking processes, flavours, presentation and accompaniments  | Lead and develop teams in developing and demonstrating detailed knowledge and understanding of menu items, ingredients, cooking processes, flavours, presentation and accompaniments   |
| Preparing/<br>making and<br>serving non-<br>alcoholic<br>beverages | Under direction prepares and serves simple beverages to organisation standard         | Under limited direction accurately prepares and serves a range of beverages  | Working mainly on own initiative accurately prepares and serves a wide range of complex beverages; sets up and closes down barista style equipment   | Leads and develops team to<br>be able to accurately prepare<br>and serve a wide range of<br>complex beverages; sets up<br>and closes down barista style<br>equipment   |

| Topic                       | Level 4                      | Level 5  | Level 6   | Level 7                        |
|-----------------------------|------------------------------|--|---|--------------------------------|
| Preparing/                  | Under direction prepares and | Under limited direction                            | Working mainly on own                                   | Leads and develops team to     |
| making and                  | serves simple beverages to   | accurately prepares and                            | initiative accurately prepares                          | be able to accurately prepare  |
| serving                     | organisation standard        | serves a range of beverages                        | and serves a wide range of                              | and serve a wide range of      |
| alcoholic                   |                              |  | complex beverages; sets up                              | complex beverages; sets up     |
| beverages                   |                              |  | and closes down barista style                           | and closes down barista style  |
|                             |                              |  | equipment   | equipment                      |
| Preparing a bar             | Under direction prepares a   | Under limited direction                            | Under minimal direction, and                            | Lead and direct teams to       |
| area for service            | bar area for service of non- | prepares a bar area for                            | working mainly on own                                   | prepare a bar area for service |
| and clearing a              | alcoholic and alcoholic      | service of non-alcoholic and                       | initiative prepares a bar area                          | of non-alcoholic and alcoholic |
| bar area                    | beverages                    | alcoholic beverages, including                     | for service of non-alcoholic                            | beverages, including stock     |
| following service           |                              | stock replenishment                                | and alcoholic beverages,                                | replenishment                  |
| Ctooking and                |                              | Understanding of the impact                        | including stock replenishment Understands stock control | Leads and develops teams in    |
| Stocking and control of bar |                              | Understanding of the impact of waste on a business | and impact of wastage on a                              | understanding stock control    |
| stocks                      |                              | or waste on a business                             | business, can calculate stock                           | and the impact of wastage on   |
| Stocks                      |                              |  | usage and prepare                                       | a business, can calculate      |
|                             |                              |  | appropriate financial records                           | stock usage and prepare        |
|                             |                              |  | (including cash up                                      | appropriate financial records  |
|                             |                              |  | procedures)   | (including cash up             |
|                             |                              |  | ,   | procedures) and present        |
|                             |                              |  |   | findings to managers as        |
|                             |                              |  |   | appropriate. Can identify      |
|                             |                              |  |   | issues and resolve as          |
|                             |                              |  |   | appropriate                    |

| Topic   | Level 4  | Level 5   | Level 6  | Level 7  |
|---|--|---|--|--|
| Beverage<br>product<br>knowledge  | Limited product knowledge                        | Recognises and can recommend products from menu range                   | Knows and understands menu range, can make suggestions of alternative items, has knowledge of smells, tastes and production of variety of beverages; can recommend menu items (including mixology) based on knowledge and experience | Has detailed product knowledge (appearance, flavour, production, storage, management, etc) of a wide range of items; can develop appropriate beverage lists (wines, bar, non-alcoholic, etc). Can lead and develop (train) team members in appropriate product knowledge |
| Type of venue envisaged   | Café; small restaurant with limited menu choices | Café, bistro or restaurant with mix of (eg, TDH and ALC) style menus    | Restaurant with element of 'fine' dining and/or range of styles and formats (functions, restaurants, bars, café, etc)  | Ability to lead team in a variety of environments  |
| Suggested<br>minimum<br>number of<br>credits to<br>develop<br>knowledge and<br>skills | 2 — food and beverage service                    | 4 (plus prior level) — food and beverage service plus product knowledge | 6 (including 2 from prior level or experience) — food and beverage service plus product knowledge  | 6 (emphasis is on leading and developing team, which requires appropriate service and product knowledge) – food and beverage service, product knowledge, leading and developing teams  |

**Unit title:** Food and Beverage Operations (SCQF level 5)

## Guidance on approaches to assessment of this unit

Evidence can be generated using different types of assessment. The following are suggestions only. There may be other methods that would be more suitable to learners.

Most of this unit requires performance evidence which could be recorded on a checklist supplemented by photographs or video with commentary. Elements of knowledge and understanding may be evidenced through performance, but in order to avoid artificially created scenarios, it would be more appropriate to using questioning, presentations/reports or portfolios of evidence to assess knowledge and understanding.

Centres are reminded that prior verification of centre-devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

## **Opportunities for e-assessment**

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all learner evidence and that conditions of assessment as specified in the evidence requirements are met, regardless of the mode of gathering evidence. The most up-to-date guidance on the use of e-assessment to support SQA's qualifications is available at www.sqa.org.uk/e-assessment.

# Opportunities for developing Core and other essential skills

#### Communication: Oral Communication at SCQF level 4

For all outcomes, learners are required to work as part of a team to prepare for and deliver a food and beverage service in a casual dining environment. They will greet customers and communicate effectively with them to take their orders and deal with any dietary requirements. In addition, learners will present customers will present their bills and process the payments Therefore, they will be demonstrating the Core Skill component of Oral Communication at SCQF level 4.

#### Information and Communication Technology: Accessing Information at SCQF level 4

Learners are likely to use the internet to investigate different service and menu styles offered by a range of hospitality businesses. Learners may also use online sources to research dietary requirements and dishes that are suitable alternatives to offer customers with a variety of dietary requirements. Therefore, they will be demonstrating the Core Skill component of Accessing Information level 4.

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### Problem Solving: Critical Thinking at SCQF level 4

For all outcomes, learners are required to prepare for and deliver a food and beverage service, and follow end of service procedures to clear and reinstate the service area. This will involve following organisational standards, identifying service requirements (eg, correct service equipment, table set-up, cutlery, crockery, accompaniments, etc). In addition, learners will provide customers with information on menu items, including making recommendations and advising on alternatives to meet dietary requirements. In doing these tasks learners will be demonstrating the Core Skill component of Critical Thinking at SCQF level 4.

### Problem Solving: Planning and Organising at SCQF level 4

For all outcomes, learners are required to prepare for and deliver a food and beverage service, and follow end of service procedures to clear and reinstate the service area; therefore they will demonstrating the Core Skill component of Planning and Organising at SCQF level 4.

#### Working with Others: Working Co-operatively with Others at SCQF level 4

For all outcomes as learners will assume the role of a team member to prepare for and deliver a food and beverage service, and follow end of service procedures to clear and reinstate the service area. They will also interact with customers to take food/beverage orders and provide advice and make recommendations on menu items. In doing so, they will be demonstrating the Core Skill component of Working Co-operatively with Others at SCQF level 4.

The Critical Thinking and Planning and Organising components of Problem Solving at SCQF level 4 and Working Co-operatively with Others component of Working with Others with Others at SCQF level 4 is embedded in this unit. When a learner achieves these units, their Core Skills profile will also be updated to include these components.

# History of changes to unit

| Version | Description of change   | Date    |
|---------|---|---------|
| 02      | Core Skills Components Critical Thinking, Planning and Organising and Working Co-operatively with Other at SCQF level 4 embedded. | 17/5/19 |
|         |   |         |
|         |   |         |
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### General information for learners

**Unit title:** Food and Beverage Operations (SCQF level 5)

This section will help you decide whether this is the unit for you by explaining what the unit is about, what you should know or be able to do before you start, what you will need to do during the unit and opportunities for further learning and employment.

This unit is designed to give you an understanding of food and beverage service operations in a variety of hospitality organisations.

This unit will enable you to develop the knowledge and practical skills needed to serve food and beverages in a casual dining environment. This will cover all aspects of a food and beverage service, from preparing for and delivering a professional food and beverage service, through to clearing and reinstating the service area.

You do not need to have previous experience to undertake this unit, but good communication skills are essential.

Completion of this unit will also enable you to develop the following Core Skills:

- ♦ Communication: Oral Communication at SCQF level 4
- Information and Communication Technology: Accessing Information at SCQF level 4
- Problem Solving: Critical Thinking at SCQF level 4
- Problem Solving: Planning and Organising at SCQF level 4
- Working with Others: Working Co-operatively with Others at SCQF level 4

This unit is also part of a progressive suite of units at SCQF levels 5, 6 and 7 that explore food and beverage operations in the hospitality industry.

The Critical Thinking and Planning and Organising components of Problem Solving at SCQF level 4 and Working Co-operatively with Others component of Working with Others at SCQF level 4 is embedded in this unit. When a learner achieves these units, their Core Skills profile will also be updated to include these components.