

Physical Education

The Qualifications Team

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Diet 2018

Changes to documents following Diet 2018

National 5 coursework

In August 2018, we made minor amendments to the [National 5 Physical Education Course Specification](#) and the [National 5 portfolio coursework assessment task](#). Details of these changes can be found in the 'History of changes' table in the documents.

Candidates are no longer required to attach their full Personal Development Programme (PDP) to their completed portfolio template. Instead, they can attach a maximum of four A4 pages of data gathered. They must transfer the relevant information from their PDP to the PDP table in the portfolio template.

In September 2018 the template for the [National 5 portfolio coursework assessment task](#) was revised.

The revised coursework documents and [instructions for the submission of portfolios](#) are available under the 'coursework' tab of the [National 5 Physical Education subject page](#).

Course reports

Please read the annual course reports for Physical Education. We produce these reports following the exam diet and they provide information on how candidates performed in course assessment for National Qualifications.

The course reports include a summary of areas candidates performed well in and areas candidates found demanding. They also contain advice on preparing future candidates and

statistical data relating to grade boundaries. Course reports are available from the [Physical Education subject pages](#) of our website.

Coursework

Conditions of assessment for coursework

To ensure fairness for all candidates, it is essential that you apply the specified assessment conditions for coursework. During the 2018 diet, we saw an increase in incidences of potential malpractice, where some centres had not followed the required conditions of assessment.

Please ensure you refer to the following documents when conducting coursework with your candidates. These documents detail the specific conditions of assessment that must be applied for each assessment:

- course specification (National 5 and Higher)
- course assessment specification (Advanced Higher)
- coursework assessment task

You must also refer to our [Guidance on conditions of assessment for coursework](#), which provides important information on the time and volume of assessment, the use of resources, and the supervision, control and authentication of assessment — including examples.

Guidance for internally assessed coursework component

We have published a [guidance document](#) to outline what centres should do if a candidate cannot attend a single performance assessment for reasons beyond their control, or if a candidate is injured during a single performance assessment. It is available under the 'coursework' tab on the [subject pages](#).

Submitting coursework

Please ensure your candidates use the current, published coursework assessment tasks.

The Higher Physical Education course is assessed by a question paper and a performance coursework assessment task:

Component	Mark	Scaled mark	Duration
Component 1: question paper	50	not applicable	2 hours 30 minutes
Component 2: performance	60	50	see 'Course assessment' section of the course specification

National 5 and Higher

Higher specimen question paper

In September 2018 we published a [Higher specimen question paper with marking instructions](#) to illustrate the standard, structure and requirements of the question papers candidates will sit. It is available from the [Higher Physical Education web page](#).

Online resources to help you prepare for National 5 and Higher assessment

As part of our Understanding Standards programme, we are providing a range of online resources to help you develop your understanding of the standards required in the revised course assessments for Higher and additional resources for National 5. We have tailored this to each subject. Resources may include:

- **Presentations with audio** — a subject-specific presentation with an audio narration, to talk you through the requirements of the National 5 and Higher assessments.
- **Webinar recordings** — recordings of recent online CPD webinar sessions delivered by our subject implementation managers, to guide you through the changes to assessment.
- **Candidate evidence and commentaries** — examples of candidate assessment evidence with a written commentary, to explain why the evidence has or has not met the required standards for the revised assessment.

You can access these materials via the 'Understanding Standards' tab on the National 5 and Higher subject pages. Find out more about the Understanding Standards programme at www.sqa.org.uk/understandingstandards.

Units that were previously part of the Higher course

The units that were previously part of the Higher course are now available as freestanding units at SCQF level 6. These units no longer contribute to the Higher course.

We have removed references to Higher courses from the freestanding unit specifications, which are available from the freestanding units web page for each subject. There is a link to the freestanding units page from the 'see also' section on the subject landing page at www.sqa.org.uk/nqsubjects.

Advanced Higher

Changes to assessment in Advanced Higher courses from session 2019–20

We will remove units and unit assessments from Advanced Higher courses for session 2019–20. We have started our review of the Advanced Higher course assessments and we have been working closely with our National Qualifications Support Teams (NQSTs) to identify the appropriate changes for each subject. Our NQSTs include teachers and lecturers who currently deliver National Courses and representatives of professional associations.

New and revised Advanced Higher materials will be published as follows:

End of April 2019	Revised Advanced Higher course specifications
End of May to end of September 2019	Course support notes New and revised specimen question papers New and revised coursework assessment tasks

We will provide further information about the changes to Advanced Higher assessment by the end of January 2019.

Further information and guidance

National 5, Higher and Advanced Higher Performance

Centres are reminded that assessors should use the candidate assessment records when they assess candidates for each performance. These records are part of the performance coursework assessment task document for each level. Assessors must ensure that comments about how they made assessment judgements for each candidate are included on the records.

Internal verification is a mandatory requirement. Comments by the assessor explaining how they awarded marks will support internal and external verification.

Candidates have the right to appeal internal assessment marks and centres must have a process that supports this. It is important that the original assessor and any subsequent reviewer can review the appropriateness of the original mark and can explain to the candidate why their mark was correct.

Centres are required to retain assessment records for a calendar year after completion of the qualification and these must be made available to SQA on request. This requirement is consistent with our retention policy.

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