

Physical Education

The Qualifications Team

Alastair Brown

Qualifications Manager

Lynn Reilly

Qualifications Officer

Linda McLean

Subject Implementation Manager

Diet 2019

Changes to documents following Diet 2019

Acceptable activities for assessment

Changes were made to the National 3 and 4 course support notes to include a table of acceptable activities for assessment. This was also published in the National 5 and Higher performance coursework assessment tasks with additional clarification about acceptable and unacceptable activities for assessment along with restrictions on combinations of activities. This information is also included in the revised Advanced Higher performance coursework assessment task.

National 5 portfolio

Minor changes were made to the additional guidance section of the marking instructions for the National 5 portfolio coursework assessment tasks at sections 2e, 2i and 3f.

The portfolio template was published in August 2019 and can be downloaded in MS Word, PDF and Google Docs formats. Centres must use this template with the flyleaf that will be issued in February 2020. Please read the 'Submission Instructions' document which gives comprehensive advice, including a checklist, for centres to follow. All documents are available on the [National 5 Physical Education subject page](#).

Course reports

Please read the annual course reports for National 5, Higher and Advanced Higher Physical Education. We produce these reports following the exam diet and they provide information on how candidates performed in course assessment for National Qualifications.

Course reports include a summary of areas candidates performed well in and areas candidates found demanding. They also contain advice on preparing candidates for future assessment, and statistical data relating to grade boundaries. Course reports are available from the [subject pages](#) of our website.

Coursework

Submitting coursework

Please ensure candidates use the current, published coursework assessment task(s).

Further information can be found in our [Coursework for External Assessment](#) document and the subject pages of our website at www.sqa.org.uk/ngsubjects.

Information and guidance

Understanding Standards events

Five Understanding Standards events were held focusing on the performance component for National 5 and Higher. An Advanced Higher event was held in October for both the project and performance.

These events gave delegates the opportunity to view candidate evidence and to apply the marking criteria before participating in discussion about the national standard. All materials presented at the events will be published on our Understanding Standards website and communicated via Centre News.

National 5 and Higher

Online resources to help you prepare for National 5 and Higher assessment

New exemplification of the performance coursework assessment and detailed commentaries are available on SQA's secure site to help you develop your understanding of the standards required in the course assessments for both levels.

A Higher webinar recording is available covering the 2019 question paper and areas of the course which centres and candidates find challenging.

Advanced Higher

As a result of Units being removed from the AH PE course, the course assessment has been reorganised to include areas of content previously covered in the units.

The revised course specification and the updated coursework assessment tasks are available on the [subject pages](#) of our website. These documents explain the course requirements and must be used from session 2019-20 onwards. The performance criteria has been altered to ensure progression from the performance at Higher and to include content previously assessed in the performance unit. The project has been adapted to ensure consideration of the impact of the four factors which affect performance.

Units that were previously part of the Advanced Higher courses

The units that were previously part of the Advanced Higher courses are now available as freestanding units at SCQF level 7. These units no longer contribute to the Advanced Higher courses. We have removed references to Advanced Higher courses from the freestanding unit specifications, which are available from the freestanding units web page for each subject. There is a link to the freestanding units page from the 'see also' section on the [subject landing page](#).

Online resources to help you prepare for Advanced Higher assessment

As part of our Understanding Standards programme, we are providing a range of supportive resources to help you develop your understanding of the standards required in the revised course assessments for Advanced Higher. This includes candidate evidence and commentary materials, and two new performance recordings with commentaries.

You can access these Understanding Standards materials via the 'Understanding Standards' tab on the [subject pages](#) of our website.

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Contact us

Please contact our Customer Support Team:

Tel: 0303 333 0330

Fax: 0345 213 5000

Email: mycentre@sqa.org.uk