



Questions & Answers

Higher Physical Education Webinar

Question paper

What guidance will be given regarding the scenario question this session please?

Discussions are ongoing with SQA and education partners regarding additional support for this session.

Are there any plans for switching back to two assessed activities next year as this will help our planning and course choice?

Discussions are ongoing with SQA and education partners regarding whether modifications are to be retained for session 2023-24.

Within an answer in section 1 is it ok for pupils to jump between activities they are answering on as long as they remain talking about the factor being asked about?

Yes, as long as they answer the question in relation to the factor identified. In some respects, this may demonstrate breadth and depth of knowledge.

Will there be any changes to the Higher course in the next few years?

SQA is waiting for the findings of the Hayward review to be shared and this will influence any future changes in courses.

It's just to confirm that it is one activity not two again this year?

Yes, as stated in the modification summary for Physical Education, it is only one activity for session 2022-23 at National 5 and Higher level.

When creating a prelim can the exact question be used if you are taking them from different papers for each section? But just not the full paper?

Yes, that is fine, but care must be taken to sample from across the five broad areas of mandatory content so that the candidates can integrate and apply knowledge and understanding across the course.

When creating a prelim can you provide more information on what percentage of the paper should be each command word and should 25% of the marks be allocated to questions for each factor?

When devising prelims there are no set rules on command words, it is important to remember that content often dictates how hard a question is, and it is important to have a balance across the paper.

Should the prelim be based on 50 marks to get the breadth that is desired? We use two shorter assessments of 30 marks.

The best evidence for estimating a candidate's performance is generated using an assessment that is as similar as possible to the course assessment. Therefore, a shorter assessment might not necessarily be set at the appropriate level of demand.

Can they jump between activities for section 2?

Yes, as long as they answer the question.

Analyse questions still feature in Section 1 and 2 of the exam as recently they only have appeared in the scenario/section 3?

Analyse questions can be asked in any section of the exam and on any factor.

From the 2022 paper, which question(s) gained the least amount of marks and why? What were the common trends/mistakes that you found?

You will find information in the [2022 Higher Physical Education Course Report](#) available on the subject page of the SQA website.

Are there different answering techniques for the command words based on which section the question is in?

No.

Anxiety can be an emotional or mental sub factor. An example of mental anxiety would be worrying about an outcome or potential failure of an upcoming performance. Can you provide an example of emotional anxiety and if a candidate answered an emotional question using an example from mental anxiety could they access any marks?

There are different types of anxiety experienced through physical activity. Effectively anxiety sits under both emotional and mental factors. For example, if a candidate talks about cognitive anxiety (confusion, hesitation in making decisions, inability to decide what to do) then it must be acceptable as a mental factor as there would be a degree of cognitive and thinking processes involved. If, however, they chose to write in the emotional factor about feeling anxious (sick, sweaty, hot, butterflies etc) then they must be credited with marks. Society recognises that there are at least two states in which anxiety can be experienced (cognitive and somatic).