# **SQA_logo_COLContinuing Professional Development Record for First Aid**

**Name:** A. N. Other **Role:** Internal verifier

**CPDR period: From:** March 2018 **To:** February 2019

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| **Date** | **Activity**  | **What did you do that contributed to your CPD?** | **What did you learn from this activity?**  | **How will you apply this learning to your practice?** |
| 30th May 2018 | Attended the centre’s first aid standardisation meeting | I took part in this meeting to comply with my responsibility to attend a minimum of one standardisation meeting per year. | It had been brought to my attention by one of the assessors that a learner had completed their FAW with compression only CPR. I asked if this had happened with other assessors. It had not. We had a full discussion around this issue and read the appropriate section of the assessment strategy and guidance for FAW to confirm the standard.  | I will update the first aid folders with a section clarifying that all learners must be able to do the rescue breaths and the compressions. I will add this into the centre’s application form. I will also add this to my internal verification activity for this year. |
| 14th September 2018 | 1 hour of reading first aid manual — revised 10th edition | To meet the requirements of the assessment strategy and guidance I must continually develop and keep up to date with first aid standards. | I learned this is still currently the most up to date first aid standard. I browsed through a number of areas and came across Section 12, which is a summarised version providing summarised information for emergency first aid such as CPR, choking, etc.  | I will make use of this section when I am completing my annual observations with assessors. I think this will be beneficial to me as the information is easily accessible and should ensure easier recognition of the assessor’s practical first aid competence. |

You must include at least ONE activity for each role (trainer/assessor/internal verifier) and at least ONE vocational first aid activity (as a minimum)