

SVQ 2 in Instructing Exercise and Fitness SCQF Level 5		SKAEF1		SKAEF2		SKAEF3		SKAEF4		SKAEF5		SKAEF6		SKAEF7		SKAEF8		SKAEF9		SKAEF10		SKAEF11		SKAEF12															
		Health, safety and welfare promotion in active leisure and recreation				Assist participants to develop and maintain the motivation needed to adhere to exercise and physical activity				Plan and prepare gym based exercise		Instruct and supervise gym-based exercise		Plan and prepare group exercise		Instruct group exercise		Plan and prepare group exercise, movement and dance		Instruct group exercise for exercise, movement and dance		Plan and prepare water-based exercise		Instruct water-based exercise		Plan health related and physical activity for children		Instruct children in health related exercise and physical activity											
				SCQF L3	SCQF L4	SCQF L5	SCQF L6	SCQF L3	SCQF L4	SCQF L5	SCQF L6	SCQF L3	SCQF L4	SCQF L5	SCQF L6	SCQF L3	SCQF L4	SCQF L5	SCQF L6	SCQF L3	SCQF L4	SCQF L5	SCQF L6	SCQF L3	SCQF L4	SCQF L5	SCQF L6	SCQF L3	SCQF L4	SCQF L5	SCQF L6	SCQF L3	SCQF L4	SCQF L5	SCQF L6				
Communication	Reading and Understanding	✓	✓	✓				✓	✓	✓	✗	✓	✓	✓	✓			✓	✓	✗	✗	✓	✓	✓	✗	✗	✓	✓	✓	✗	✓	✓	✓	✗	✗	✓	✓	✗	✗
	Writing	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✓			✓	✓	✗	✗	✓	✓	✓	✗	✗	✓	✓	✓	✗	✓	✓	✓	✗	✗	✓	✓	✗	✗
	Speaking and Listening	✓	✓	✓				✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
Numeracy	Using number	✗	✗	✗				✗	✓	✗	✗	✗	✓	✓	✗			✓	✓	✗	✗	✓	✓	✓	✗	✗	✓	✓	✓	✗	✓	✓	✓	✗	✗	✓	✓	✗	✗
	Measuring	✓	✗	✗				✗	✓	✗	✗	✗	✓	✓	✗			✓	✗	✗	✗	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
	Use graphical format to find out information	✓	✗	✗				✗	✓	✗	✗	✗	✗	✗	✗			✓	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Information and Communication Technology (ICT)	Use graphical format to communicate information	✗	✗	✗				✓	✗	✗	✗	✗	✗	✗	✗			✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
	Performing ICT operations	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✗			✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
	Processing information	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✗			✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Problem solving	Accessing information	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✗			✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
	Keeping information safe	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✗			✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
	Critical thinking	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✗			✓	✓	✗	✗	✓	✓	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
Working with others	Planning and organising	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✗			✓	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Reviewing and evaluating	✓	✓	✗				✓	✓	✗	✗	✓	✓	✓	✗			✓	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Working with others	Working co-operatively with others	✓	✓	✗				✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Reviewing co-operative contribution	✓	✓	✗				✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓