



National
Qualifications
2026

X812/75/11

Care

MONDAY, 25 MAY

1:00 PM – 2:10 PM

Total marks — 40

SECTION 1 — HUMAN DEVELOPMENT AND BEHAVIOUR — 10 marks

Attempt ALL questions.

SECTION 2 — SOCIAL INFLUENCES — 10 marks

Attempt ALL questions.

SECTION 3 — VALUES AND PRINCIPLES — 20 marks

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

You must leave your answer booklet on your desk; if you do not, you could lose all the marks for this paper.



* X 8 1 2 7 5 1 1 *

SECTION 1 — HUMAN DEVELOPMENT AND BEHAVIOUR — 10 marks**Attempt ALL questions**

- | | |
|---|---|
| 1. Identify two life experiences which can happen in adulthood. | 2 |
| 2. Describe one cultural need of an individual. | 2 |
| 3. Describe what is meant by the term 'nature' within human development. | 2 |
| 4. Explain how the behaviourist approach in psychology could help a care worker to understand an adolescent's aggressive behaviour. | 4 |

SECTION 2 — SOCIAL INFLUENCES — 10 marks

Attempt ALL questions

- | | |
|---|---|
| 5. (a) Describe the sociological term 'stereotyping'. | 2 |
| (b) Explain how stereotyping could impact an individual's life chances. | 4 |
| 6. Describe the sociological concept of 'roles'. | 2 |
| 7. Describe one of the sociological terms 'power' or 'conflict'. | 2 |

[Turn over

SECTION 3 — VALUES AND PRINCIPLES — 20 marks**Attempt ALL questions**

- | | |
|---|---|
| 8. Describe the following stages of the care planning process: | 4 |
| • implementation | |
| • evaluation. | |
| 9. Describe the principle 'Responsive Care and Support' from Scotland's Health and Social Care Standards. | 3 |
| 10. Describe how cognitive needs can be met in a day care setting. | 4 |

Read the following case study and answer the question below.

John is a 36-year-old recovering addict. His leg was amputated due to addiction related complications. John receives support in his own home.

- | | |
|---|---|
| 11. Explain how a home support care worker would ensure that John is treated with compassion. | 3 |
| 12. Explain why it is important for a care worker to be registered with a regulatory body. | 4 |
| 13. Identify the difference between the private and statutory care sectors. | 2 |

[END OF QUESTION PAPER]