



National
Qualifications
2025

X836/77/11

**Health and Food
Technology**

MONDAY, 26 MAY

1:00 PM – 3:30 PM

Total marks — 50

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.



* X 8 3 6 7 7 1 1 *

Total marks — 50

Attempt ALL questions

- | | |
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| 1. (a) Discuss ways in which food manufacturers and supermarkets may help consumers meet current dietary advice. | 10 |
| (b) Evaluate the effects on health of a diet high in fat, sugar and salt for an adult. | 10 |
| 2. Analyse ways in which socio-economic factors can influence consumer choice of food. | 10 |
| 3. Explain the role of food additives in the food manufacturing process. | 10 |
| 4. Evaluate the impact of Fair Trade, genetically modified food and seasonality for the consumer. | 10 |

[END OF QUESTION PAPER]