



National
Qualifications
2026

X836/77/11

**Health and Food
Technology**

MONDAY, 27 APRIL

9:00 AM – 11:30 AM

Total marks — 50

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

You must leave your answer booklet on your desk; if you do not, you could lose all the marks for this paper.



* X 8 3 6 7 7 1 1 *



Total marks — 50
Attempt ALL questions

- | | | |
|----|--|----|
| 1. | (a) Discuss the stages followed by a food manufacturer during the product development process. | 10 |
| | (b) Evaluate the influence of food packaging and labelling on consumer food choice. | 10 |
| 2. | Analyse ways current dietary advice reduces the risk of diet-related diseases or conditions. | 10 |
| 3. | Explain the role of micronutrients in the diet of a pregnant woman. | 10 |
| 4. | Evaluate the use of novel protein foods and functional foods in the diet. | 10 |

[END OF QUESTION PAPER]