



National
Qualifications
2026

X857/77/11

Physics Relationships sheet

THURSDAY, 21 MAY
9:00 AM – 12:00 NOON



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Relationships required for Physics Advanced Higher

$$v = \frac{ds}{dt}$$

$$a = \frac{dv}{dt} = \frac{d^2s}{dt^2}$$

$$v = u + at$$

$$s = ut + \frac{1}{2}at^2$$

$$v^2 = u^2 + 2as$$

$$\omega = \frac{d\theta}{dt}$$

$$\alpha = \frac{d\omega}{dt} = \frac{d^2\theta}{dt^2}$$

$$\omega = \omega_o + \alpha t$$

$$\omega^2 = \omega_o^2 + 2\alpha\theta$$

$$\theta = \omega_o t + \frac{1}{2}\alpha t^2$$

$$s = r\theta$$

$$v = r\omega$$

$$a_t = r\alpha$$

$$\omega = \frac{2\pi}{T}$$

$$\omega = 2\pi f$$

$$a_r = \frac{v^2}{r} = r\omega^2$$

$$F = \frac{mv^2}{r} = mr\omega^2$$

$$I = \sum mr^2$$

$$\tau = Fr$$

$$\tau = I\alpha$$

$$L = mvr = mr^2\omega$$

$$L = I\omega$$

$$E_{k(\text{rotational})} = \frac{1}{2}I\omega^2$$

$$E_P = E_{k(\text{translational})} + E_{k(\text{rotational})}$$

$$F = \frac{GMm}{r^2}$$

$$F = \frac{GMm}{r^2} = \frac{mv^2}{r} = mr\omega^2 = mr\left(\frac{2\pi}{T}\right)^2$$

$$V = -\frac{GM}{r}$$

$$E_P = Vm = -\frac{GMm}{r}$$

$$v_{\text{esc}} = \sqrt{\frac{2GM}{r}}$$

$$r_{\text{Schwarzschild}} = \frac{2GM}{c^2}$$

$$b = \frac{L}{4\pi d^2}$$

$$\frac{P}{A} = \sigma T^4$$

$$L = 4\pi r^2 \sigma T^4$$

$$E = hf$$

$$mvr = \frac{nh}{2\pi}$$

$$\lambda = \frac{h}{p}$$

$$\Delta x \Delta p_x \geq \frac{h}{4\pi}$$

$$\Delta E \Delta t \geq \frac{h}{4\pi}$$

$$F = qvB$$

$$F = \frac{mv^2}{r}$$

$$F = -ky$$

$$\omega = 2\pi f = \frac{2\pi}{T}$$

$$a = \frac{d^2 y}{dt^2} = -\omega^2 y$$

$$y = A \cos \omega t \quad \text{or} \quad y = A \sin \omega t$$

$$v = \pm \omega \sqrt{(A^2 - y^2)}$$

$$E_k = \frac{1}{2} m \omega^2 (A^2 - y^2)$$

$$E_P = \frac{1}{2} m \omega^2 y^2$$

$$E = kA^2$$

$$y = A \sin 2\pi \left(ft - \frac{x}{\lambda} \right)$$

$$\phi = \frac{2\pi x}{\lambda}$$

$$opd = n \times gpd$$

$$opd = m\lambda \quad \text{or} \quad \left(m + \frac{1}{2} \right) \lambda \quad \text{where } m = 0, 1, 2, \dots$$

$$\Delta x = \frac{\lambda l}{2d}$$

$$d = \frac{\lambda}{4n}$$

$$\Delta x = \frac{\lambda D}{d}$$

$$n = \tan i_p$$

$$F = \frac{Q_1 Q_2}{4\pi \epsilon_o r^2}$$

$$V = \frac{Q}{4\pi \epsilon_o r}$$

$$E = \frac{Q}{4\pi \epsilon_o r^2}$$

$$F = QE$$

$$V = Ed$$

$$W = QV$$

$$E_k = \frac{1}{2} mv^2$$

$$B = \frac{\mu_o I}{2\pi r}$$

$$F = IlB \sin \theta$$

$$F = qvB$$

$$\tau = RC$$

$$X_C = \frac{V}{I}$$

$$X_C = \frac{1}{2\pi fC}$$

$$\varepsilon = -L \frac{dI}{dt}$$

$$E = \frac{1}{2} LI^2$$

$$X_L = \frac{V}{I}$$

$$X_L = 2\pi fL$$

$$c = \frac{1}{\sqrt{\epsilon_o \mu_o}}$$

$$\Delta W = \sqrt{\Delta X^2 + \Delta Y^2 + \Delta Z^2}$$

$$\frac{\Delta W}{W} = \sqrt{\left(\frac{\Delta X}{X} \right)^2 + \left(\frac{\Delta Y}{Y} \right)^2 + \left(\frac{\Delta Z}{Z} \right)^2}$$

$$\left(\frac{\Delta W^n}{W^n} \right) = n \left(\frac{\Delta W}{W} \right)$$

$$d = \bar{v}t$$

$$s = \bar{v}t$$

$$v = u + at$$

$$s = ut + \frac{1}{2}at^2$$

$$v^2 = u^2 + 2as$$

$$s = \frac{1}{2}(u + v)t$$

$$W = mg$$

$$F = ma$$

$$E_W = Fd$$

$$E_P = mgh$$

$$E_K = \frac{1}{2}mv^2$$

$$P = \frac{E}{t}$$

$$p = mv$$

$$Ft = mv - mu$$

$$F = G \frac{Mm}{r^2}$$

$$t' = \frac{t}{\sqrt{1 - \left(\frac{v}{c}\right)^2}}$$

$$l' = l\sqrt{1 - \left(\frac{v}{c}\right)^2}$$

$$f_o = f_s \left(\frac{v}{v \pm v_s} \right)$$

$$z = \frac{\lambda_{\text{observed}} - \lambda_{\text{rest}}}{\lambda_{\text{rest}}}$$

$$z = \frac{v}{c}$$

$$v = H_0 d$$

$$W = QV$$

$$E = mc^2$$

$$E = hf$$

$$E_K = hf - hf_0$$

$$E_2 - E_1 = hf$$

$$T = \frac{1}{f}$$

$$v = f\lambda$$

$$d \sin \theta = m\lambda$$

$$n = \frac{\sin \theta_1}{\sin \theta_2}$$

$$\frac{\sin \theta_1}{\sin \theta_2} = \frac{\lambda_1}{\lambda_2} = \frac{v_1}{v_2}$$

$$\sin \theta_c = \frac{1}{n}$$

$$I = \frac{k}{d^2}$$

$$I = \frac{P}{A}$$

$$\text{path difference} = m\lambda \quad \text{or} \quad \left(m + \frac{1}{2}\right)\lambda \quad \text{where } m = 0, 1, 2, \dots$$

$$\text{random uncertainty} = \frac{\text{max. value} - \text{min. value}}{\text{number of values}}$$

$$V_{\text{peak}} = \sqrt{2}V_{\text{rms}}$$

$$I_{\text{peak}} = \sqrt{2}I_{\text{rms}}$$

$$Q = It$$

$$V = IR$$

$$P = IV = I^2R = \frac{V^2}{R}$$

$$R_T = R_1 + R_2 + \dots$$

$$\frac{1}{R_T} = \frac{1}{R_1} + \frac{1}{R_2} + \dots$$

$$E = V + Ir$$

$$V_1 = \left(\frac{R_1}{R_1 + R_2} \right) V_S$$

$$\frac{V_1}{V_2} = \frac{R_1}{R_2}$$

$$C = \frac{Q}{V}$$

$$E = \frac{1}{2}QV = \frac{1}{2}CV^2 = \frac{1}{2}\frac{Q^2}{C}$$

Additional relationships

Circle

$$\text{circumference} = 2\pi r$$

$$\text{area} = \pi r^2$$

Sphere

$$\text{area} = 4\pi r^2$$

$$\text{volume} = \frac{4}{3}\pi r^3$$

Trigonometry

$$\sin \theta = \frac{\text{opposite}}{\text{hypotenuse}}$$

$$\cos \theta = \frac{\text{adjacent}}{\text{hypotenuse}}$$

$$\tan \theta = \frac{\text{opposite}}{\text{adjacent}}$$

$$\sin^2 \theta + \cos^2 \theta = 1$$

Moment of inertia

point mass

$$I = mr^2$$

rod about centre

$$I = \frac{1}{12}ml^2$$

rod about end

$$I = \frac{1}{3}ml^2$$

disc about centre

$$I = \frac{1}{2}mr^2$$

sphere about centre

$$I = \frac{2}{5}mr^2$$

Table of standard derivatives

$f(x)$	$f'(x)$
$\sin ax$	$a \cos ax$
$\cos ax$	$-a \sin ax$

Table of standard integrals

$f(x)$	$\int f(x)dx$
$\sin ax$	$-\frac{1}{a} \cos ax + C$
$\cos ax$	$\frac{1}{a} \sin ax + C$

Electron arrangements of elements

Group 1
(1)

1
H
1
Hydrogen

Group 2
(2)

3
Li
2,1
Lithium

4
Be
2,2
Beryllium

11
Na
2,8,1
Sodium

12
Mg
2,8,2
Magnesium

19
K
2,8,8,1
Potassium

20
Ca
2,8,8,2
Calcium

37
Rb
2,8,18,8,1
Rubidium

38
Sr
2,8,18,8,2
Strontium

55
Cs
2,8,18,18,8,1
Caesium

56
Ba
2,8,18,18,8,2
Barium

87
Fr
2,8,18,32,18,8,1
Francium

88
Ra
2,8,18,32,18,8,2
Radium

Key

Atomic number
Symbol
Electron arrangement
Name

Transition elements

(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
21 Sc 2,8,9,2 Scandium	22 Ti 2,8,10,2 Titanium	23 V 2,8,11,2 Vanadium	24 Cr 2,8,13,1 Chromium	25 Mn 2,8,13,2 Manganese	26 Fe 2,8,14,2 Iron	27 Co 2,8,15,2 Cobalt	28 Ni 2,8,16,2 Nickel	29 Cu 2,8,18,1 Copper	30 Zn 2,8,18,2 Zinc
39 Y 2,8,18,9,2 Yttrium	40 Zr 2,8,18,10,2 Zirconium	41 Nb 2,8,18,12,1 Niobium	42 Mo 2,8,18,13,1 Molybdenum	43 Tc 2,8,18,13,2 Technetium	44 Ru 2,8,18,15,1 Ruthenium	45 Rh 2,8,18,16,1 Rhodium	46 Pd 2,8,18,18,0 Palladium	47 Ag 2,8,18,18,1 Silver	48 Cd 2,8,18,18,2 Cadmium
57 La 2,8,18,18,9,2 Lanthanum	72 Hf 2,8,18,32,10,2 Hafnium	73 Ta 2,8,18,32,11,2 Tantalum	74 W 2,8,18,32,12,2 Tungsten	75 Re 2,8,18,32,13,2 Rhenium	76 Os 2,8,18,32,14,2 Osmium	77 Ir 2,8,18,32,15,2 Iridium	78 Pt 2,8,18,32,17,1 Platinum	79 Au 2,8,18,32,18,1 Gold	80 Hg 2,8,18,32,18,2 Mercury
89 Ac 2,8,18,32,18,9,2 Actinium	104 Rf 2,8,18,32,32,10,2 Rutherfordium	105 Db 2,8,18,32,32,11,2 Dubnium	106 Sg 2,8,18,32,32,12,2 Seaborgium	107 Bh 2,8,18,32,32,13,2 Bohrium	108 Hs 2,8,18,32,32,14,2 Hassium	109 Mt 2,8,18,32,32,15,2 Meitnerium	110 Ds 2,8,18,32,32,17,1 Darmstadtium	111 Rg 2,8,18,32,32,18,1 Roentgenium	112 Cn 2,8,18,32,32,18,2 Copernicium

Group 3
(13)

5
B
2,3
Boron

Group 4
(14)

6
C
2,4
Carbon

Group 5
(15)

7
N
2,5
Nitrogen

Group 6
(16)

8
O
2,6
Oxygen

Group 7
(17)

9
F
2,7
Fluorine

Group 0
(18)

2
He
2
Helium

13
Al
2,8,3
Aluminium

14
Si
2,8,4
Silicon

15
P
2,8,5
Phosphorus

16
S
2,8,6
Sulfur

17
Cl
2,8,7
Chlorine

18
Ar
2,8,8
Argon

31
Ga
2,8,18,3
Gallium

32
Ge
2,8,18,4
Germanium

33
As
2,8,18,5
Arsenic

34
Se
2,8,18,6
Selenium

35
Br
2,8,18,7
Bromine

36
Kr
2,8,18,8
Krypton

49
In
2,8,18,18,3
Indium

50
Sn
2,8,18,18,4
Tin

51
Sb
2,8,18,18,5
Antimony

52
Te
2,8,18,18,6
Tellurium

53
I
2,8,18,18,7
Iodine

54
Xe
2,8,18,18,8
Xenon

81
Tl
2,8,18,32,18,3
Thallium

82
Pb
2,8,18,32,18,4
Lead

83
Bi
2,8,18,32,18,5
Bismuth

84
Po
2,8,18,32,18,6
Polonium

85
At
2,8,18,32,18,7
Astatine

86
Rn
2,8,18,32,18,8
Radon

Lanthanides

57 La 2,8,18,18,9,2 Lanthanum	58 Ce 2,8,18,20,8,2 Cerium	59 Pr 2,8,18,21,8,2 Praseodymium	60 Nd 2,8,18,22,8,2 Neodymium	61 Pm 2,8,18,23,8,2 Promethium	62 Sm 2,8,18,24,8,2 Samarium	63 Eu 2,8,18,25,8,2 Europium	64 Gd 2,8,18,25,9,2 Gadolinium	65 Tb 2,8,18,27,8,2 Terbium	66 Dy 2,8,18,28,8,2 Dysprosium	67 Ho 2,8,18,29,8,2 Holmium	68 Er 2,8,18,30,8,2 Erbium	69 Tm 2,8,18,31,8,2 Thulium	70 Yb 2,8,18,32,8,2 Ytterbium	71 Lu 2,8,18,32,9,2 Lutetium
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Actinides

89 Ac 2,8,18,32,18,9,2 Actinium	90 Th 2,8,18,32,18,10,2 Thorium	91 Pa 2,8,18,32,20,9,2 Protactinium	92 U 2,8,18,32,21,9,2 Uranium	93 Np 2,8,18,32,22,9,2 Neptunium	94 Pu 2,8,18,32,24,8,2 Plutonium	95 Am 2,8,18,32,25,8,2 Americium	96 Cm 2,8,18,32,25,9,2 Curium	97 Bk 2,8,18,32,27,8,2 Berkelium	98 Cf 2,8,18,32,28,8,2 Californium	99 Es 2,8,18,32,29,8,2 Einsteinium	100 Fm 2,8,18,32,30,8,2 Fermium	101 Md 2,8,18,32,31,8,2 Mendelevium	102 No 2,8,18,32,32,8,2 Nobelium	103 Lr 2,8,18,32,32,9,2 Lawrencium
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