



X863/76/11

Psychology

Duration — 2 hours

Total marks — 60

SECTION 1 — INDIVIDUAL BEHAVIOUR — 30 marks

Attempt Question 1.

SECTION 2 — SOCIAL BEHAVIOUR — 30 marks

Attempt Question 2.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.



SECTION 1 — INDIVIDUAL BEHAVIOUR — 30 marks

Question 1

Individual behaviour — sleep and dreams

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|---|----|
| (a) Explain defence mechanisms as they relate to sleep and dreams. | 5 |
| (b) Evaluate Czeisler et al's (1990) study into the effect of bright light and darkness on night shift workers. | 5 |
| (c) Analyse biological processes relating to sleep and dreams. | 20 |

SECTION 2 — SOCIAL BEHAVIOUR — 30 marks

Question 2

Social behaviour — conformity and obedience

- (a) Explain what is meant by internalisation. 4
- (b) Explain cultural factors in conformity. You may wish to refer to research evidence in your answer. 6
- (c) (i) Evaluate Milgram's (1963) study of obedience. 6
- (ii) What conclusions can be reached from Milgram's (1963) study of obedience? 4
- (d) Nadia is a security guard. Nadia's supervisor has ordered her to give a disciplinary warning to another security guard for lateness. Nadia tells her supervisor she feels uncomfortable with this but Nadia's supervisor insists that she must. Nadia refuses to obey.

Explain autonomous and agentic levels of behaviour with reference to Nadia's situation.

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