

Unit PPL2PC4 (HK9M 04) Cook and Finish Basic Fish Dishes

I confirm that the evidence detailed in this unit is my own work.

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| **Candidate’s name** |  | **Candidate’s signature** |  | **Date** |
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I confirm that the candidate has achieved all the requirements of this unit.

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| **Assessor’s name** |  | **Assessor’s signature** |  | **Date** |
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| **Countersigning — Assessor’s name**  **(if applicable)** |  | **Countersigning — Assessor’s signature**  **(if applicable)** |  | **Date** |
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I confirm that the candidate’s sampled work meets the standards specified for this unit and may be presented for external verification.

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| **Internal verifier’s name** |  | **Internal verifier’s signature** |  | **Date** |
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| **Countersigning — Internal verifier’s name**  **(if applicable)** |  | **Countersigning — Internal verifier’s signature**  **(if applicable)** |  | **Date** |
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| **External Verifier’s initials and date (if sampled)** |  |

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| **Unit overview** |
| This unit is about cooking and finishing basic fish dishes, for example:   * grilled salmon steaks * sea bass with fennel, lemon and capers * battered fish (fresh) * pan fried trout * fish cakes * fish pie   The unit covers a range of types of fish including round, flat and oily and various cooking methods. The standard then goes onto how you finish off a fish dish through different methods. |

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| **Sufficiency of evidence** |
| There must be sufficient evidence to ensure that the candidate can consistently achieve the required standard over a period of time in the workplace or approved realistic working environment. |

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| **Performance criteria** | **Scope/Range** |
| **What you must do:** | **What you must cover:** |
| There must be evidence for all Performance Criteria (PC). The assessor **must** assess PCs 1–7 by directly observing the candidate’s work.  For PC 8, if it is not possible to observe both ‘holding’ and ‘serving’, alternative methods of assessment may be used for one of them (i.e. either holding or serving) but the assessor must observe the other.  PC 9 may be assessed by alternative methods if observation is not possible | **All** scope/range must be covered. There must be performance evidence, gathered through direct observation by the assessor of the candidate’s work for: |
| **1 Check the fish meets dish requirements.**  **2 Choose the correct tools and equipment to cook and finish the fish.**  **3 Use the tools and equipment correctly when cooking and finishing the fish.**  **4 Combine the fish with other ingredients.**  **5 Cook the fish to meet the requirements of the dish.**  **6 Make sure the dish has the correct flavour, colour, consistency and quantity.**  **7 Garnish and present the dish to meet requirements.**  8 Ensure the dish is at the correct temperature for holding and serving.  9 Store any cooked fish not for immediate use in line with food safety. | **two** from:  (a) white fish — round  (b) white fish — flat  (c) oily fish  **three** from:  (d) frying (deep or shallow)  (e) grilling  (f) poaching  (g) baking  (h) steaming  (i) stewing  **two** from:  (j) garnishing  (k) saucing  (l) presenting  Evidence for the remaining points under ‘what you must cover’ may be assessed through questioning or witness testimony |

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| **Evidence reference** | **Evidence description** | **Date** | **Performance criteria** | | | | | | | | | | | | | | | | | | | |
| **What you must do** | | | | | | | | | | | | | | | | | | | |
| **1** | | **2** | | **3** | | **4** | | | **5** | | **6** | | **7** | | | **8** | | **9** | |
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| **Evidence reference** | **Evidence description** | **Date** | **Scope/Range** | | | | | | | | | | | | | | | | | | | |
| **What you must cover** | | | | | | | | | | | | | | | | | | | |
| **a** | **b** | | **c** | | **d** | | **e** | **f** | | **g** | | **h** | | **i** | **j** | | **k** | | **l** |
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| **Knowledge and understanding** | | **Evidence reference**  **and date** |
| **What you must know and understand** | |
| For those knowledge statements that relate to **how** the candidate should do something, the assessor may be able to infer that the candidate has the necessary knowledge from observing their performance or checking products of their work. In **all** other cases, evidence of the candidate’s knowledge and understanding must be gathered by alternative methods of assessment (eg oral or written questioning). | |
| 1 | How to check the fish meets dish requirements |  |
| 2 | What quality points to look for in a range of fish |  |
| 3 | Why and to whom you should report any problems with the fish or other ingredients |  |
| 4 | The correct tools and equipment to carry out the cooking methods |  |
| 5 | Why it is important to use the correct tools and equipment when cooking and finishing each type of fish |  |
| 6 | How to carry out the cooking methods according to dish requirements |  |
| 7 | Why it is important to use the correct cooking and finishing methods for each type of fish |  |
| 8 | The correct temperatures for cooking fish and why these temperatures are important |  |
| 9 | How to carry out the finishing methods |  |
| 10 | How to check and adjust a fish dish to make sure it has the right flavour, colour, consistency and quality |  |
| 11 | The correct temperatures for holding and serving fish dishes |  |
| 12 | The correct temperatures and procedures for storing fish dishes not for immediate use |  |
| 13 | Healthy eating options when cooking and finishing fish |  |

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# Supplementary evidence

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| **Evidence** | | **Date** |
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| **Assessor feedback on completion of the unit** |
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