

SDS My World of Work and SQA Wellbeing Award SCQF Level 5 — GF2P 45

SQA and Skills Development Scotland have been working together to demonstrate how [My World of Work](#) **could generate evidence that meets the Assessment Standards of SQA Awards and Units.**

The [My World of Work](#) web service helps people explore their work, skills and learning opportunities, providing the help they need for the career they want.

This document outlines how the tools and component parts of [My World of Work](#) could generate evidence that meets the assessment standards for the SQA Wellbeing Award SCQF level 5. Evidence generated in this way can be stored electronically or printed for folios. Each part of [My World of Work](#) contributes to this process.

Please note that this example is for SCQF Level 5 only.

Once evidence has been gathered via *My World of Work*, centres will have to check learners' work against the Assessment Standards for the SQA units. The examples provided here illustrate the type of activities and evidence that are likely to generate appropriate evidence.

All evidence must be subject to rigorous assessment procedures and internal verification. This will vary from centre to centre, depending on the projects undertaken.



Example of programme using My World of Work to generate evidence for Wellbeing Award SCQF level 5 – GF2P 45

This qualification will be undertaken by S5 group and split their time between the PSHE department and PE.

The units will run concurrently. Learners will use three periods for each unit every week. Twenty four pupils will choose a topic for their investigation for 'Exploring Wellbeing' and will need to set this in a chosen context, whilst everyone will undertake a 'fitness' investigation during PE time.

Some topics and contexts chosen for Exploring Wellbeing are:

Pupil A: Impact of the Commonwealth Games – National Context

Pupil B: Cleaning up Drug Paraphernalia in the town; the cost and impact – Local Context

Pupil C: Underage Smoking – School Context

Pupil D: Fair Trade; How it impacts on our school – International Context

Pupil E: Leisure Services for Low Income Earners – Local Context

Pupil F: Cancer Support Services in Town – Local Context

Pupil G: Youth Mental Health Services in the area – Local Context

Pupil H: Investigation into careers and employment in town – Local Context

Pupil I: Water – How available is it? – Global Context

All pupils will begin by assessing themselves using **About me** and **Strengths**. This will assist in gathering evidence of skills and qualities. Learners will then outline the proposal that they wish to investigate, and will make a plan of how they are going to do this. Here are some examples of how the toolkit can be used for different projects in the one class:

Pupil B will use the **My Career options** tool to research job descriptions of people they would like to interview for their project, eg local pharmacist, local environmentalists, refuse operatives, police etc. They will view video clips for relevant job profiles.

Pupil G will use the **Interview** tool to practise their interview techniques before embarking on their research. They have a series of interviews set up with social work, NHS staff and council officials. They will use the **My Career Options** tool to identify job roles.

Pupil H will use the **Getting a Job** tool to plot the types and frequency of employment opportunities in the local area. They will give a detailed description of these using the **My Career Options** tool. They will use the **Interview tool** to practise their interview technique before interviewing individuals for the project. They will practise building CVs using the **CV Builder** tool, and will then conduct workshops in school about how to do this properly.

How My World of Work generates evidence

SQA Wellbeing Award SCQF Level 5		
Using My World of Work	Mandatory Units	
	H18L 45 Exploring Wellbeing Outcome 1	H18M 45 Improving Wellbeing Outcome 1
	Investigate wellbeing in different contexts, with minimum support	Undertake a planned activity, with minimum support, aimed at improving wellbeing
Strengths	●	●
About me	●	●
Interview	●	●
CV builder		●
My career options	●	
Getting a job search	●	
Video clips within job profiles	●	