



National 5  
Coursework  
Assessment Task



# National 5 Health and Food Technology Assignment Assessment task brief

Valid for session 2025-26 only.

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# Briefs

You must use one of the following briefs as a basis for your National 5 Health and Food Technology assignment:

- ◆ Develop an iron-rich street food dish suitable for a festival.
- ◆ Develop a one-pot savoury dish using Scottish ingredients.

# Administrative information

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## History of changes

Version	Description of change	Date

## Security and confidentiality

This document can be used by SQA approved centres for the assessment of National Courses and not for any other purpose.

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