



NQ Health and Food Technology Qualification Verification Summary Report 2024–25

Section 1: verification group information

Verification group name:	Health and Food Technology
Verification activity:	Event
Round:	1
Date published:	June 2025

National Units verified

Unit code	Unit level	Unit title
H1YT 74	National 4	Health and Food Technology: Food for Health
H200 74	National 4	Health and Food Technology: Contemporary Food Issues
H1YX 74	National 4	Health and Food Technology: Food Product Development
J21P 76	SCQF level 6	Health and Food Technology: Food for Health
J21X 76	SCQF level 6	Health and Food Technology: Food Product Development

Section 2: comments on assessment

Assessment approaches

All centres used assessment materials from the relevant unit assessment support packs on SQA's secure site to assess their candidates.

If centres provide interim evidence, they should submit sufficient evidence to demonstrate their centre's assessment approach and assessment judgements. This would typically be most assessment standards for a unit.

Assessment judgements

Most centres are assessing their candidates in line with national standards. There are, however, a small number of recommendations that relate to the assessment judgements, as outlined in the general comments below.

Section 3: general comments

The evidence indicates that candidates are being presented at the appropriate level.

Annotations on candidate work are acceptable and as well as providing information for candidates about reassessment if required, it can indicate to the verifier which assessment standard is being assessed, why judgements have been made or where internal verification discussion has taken place.

Most evidence was provided for the unit-by-unit approach, but some centres used the combined approach. There was no evidence submitted demonstrating the portfolio approach.

The majority of evidence submitted for verification was from either the *Food for Health* unit or the *Contemporary Food Issues* unit.

If centres have adapted unit assessment support packs, they should ensure that the centre-adapted assessment covers all of the assessment standards for the unit and therefore does not disadvantage the candidate.

Centres are reminded of the useful information in appendix 3 of the National 5 and Higher course specification which gives guidance on carrying out investigations and tests to allow sufficient relevant data to be collected as well as guidance for presenting the results of these tests.

For internal verification, most centres provided assessor and internal verifier signatures and dates. Centres are reminded that a thorough approach to internal verification is required, which is one that goes beyond cross-marking — for example notes of meetings to discuss approaches to assessment or minutes of meetings where candidates' work was discussed in detail. Further advice and guidance on internal verification can be found in SQA's Internal Verification Toolkit, available on [SQA's website](#).



NQ Health and Food Technology Qualification Verification Summary Report 2024–25

Section 1: verification group information

Verification group name:	Health and Food Technology
Verification activity:	Event
Round	2
Date published:	June 2025

National units verified

Unit code	Unit level	Unit title
H203 74	National 4	Health and Food Technology Assignment: Added Value Unit

Section 2: comments on assessment

Assessment approaches

All centres used assessment materials from the relevant SQA unit assessment support packs to assess their candidates. Centres used the National 5 Health and Food

Technology coursework assessment task briefs for candidates to complete the Added Value Unit — this was noted as good practice.

If centres wish to use their own assessment approach, this should be sent to SQA for prior verification before being used to assess candidates. The evidence must be designed to enable candidates to meet all assessment standards.

Assessment judgements

The information below relates to the National 4 Added Value unit.

Almost all centres assessed their candidates in line with national standards. Judging evidence tables and up-to-date unit assessment support packs are being used effectively.

All candidates were able to identify two key issues from their given brief.

- AS 1.2: research was being carried out to an acceptable level. Centres are reminded that candidates should have a source for internet research at this level and that all results should be shown for questionnaires (not percentages). Conclusions are not required at this level.
- AS 1.3: photographs of final dishes were included in all submissions. Centres must make sure there is evidence that candidates have worked hygienically and safely. Safe and hygienic practices were not documented clearly enough. A few centres have centre-devised practical checklists and feedback sheets which were noted as good practice.
- AS 1.4: ratings tests should have a key as standard practice. A star profile is not a sensory test and all results of testing should be displayed, not an average.

Section 3: general comments

Most centres had adopted a thorough approach to internal verification, which went beyond cross-marking, for example notes of meetings to discuss approaches to assessment; minutes of meetings where candidates' work was discussed in detail. Some centres provided comments to candidates so they could see where they had or hadn't achieved the standard and their next steps in learning.

Further advice and guidance on internal verification can be found in SQA's Internal Verification Toolkit, available on [SQA's website](#).