



# Higher Health and Food Technology

## Assignment

### Candidate workbook

(for use in session 2020-21)

You must use this workbook to complete your assignment. The wording in this template must not be altered in any way.

There are spaces for your responses for each part of the assignment. You can complete the workbook by hand or electronically.

Brief chosen for your assignment.

Scottish Candidate Number

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## Section 1: Planning (20 marks)

### Exploring the brief (4 marks)

You should identify and justify **four** key issues, which reflect all aspects of the brief.

Key issue	Justification

Identify the target group (if not already identified in the brief)	
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## Research (16 marks – 8 marks for each investigation)

Provide evidence that you have carried out **two** investigations into the key issues you identified, using **two different** investigative techniques.

The information you present from each investigation should include the following:

- ◆ the aim of your investigation
- ◆ the investigative technique you used
- ◆ the source(s) of your information

You must make sure the results of your investigations are clear. You must select and summarise at least four main points of information from each investigation, which can be used to develop your product.

Insert the information you have gathered from your research on the following page(s).

## Investigations

## Section 2: The product (10 marks)

### Describing the product (2 marks)

From the research you carried out in section 1, identify the food product.

Food product:

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You must provide a recipe for the food product.

Your recipe must include:

- ◆ a detailed list of all ingredients
- ◆ an accurate method

Insert your recipe information below.

Recipe information

## Justification (8 marks)

You should explain at least **eight** ways your product meets the needs of the brief, based on the results of your investigations. You should identify and explain why the following aspects of your product are important in meeting the needs of the brief:

- ◆ a minimum of three features of the product
- ◆ a minimum of three ingredients used in the product

### Justifications